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IGF-1 receptor regulates upward firing rate homeostasis via the mitochondrial calcium uniporter

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Regulation of firing rate homeostasis constitutes a fundamental property of central neural circuits. While intracellular Ca²⁺ has long been hypothesized to be a feedback control signal, the molecular machinery enabling a network-wide homeostatic response remains largely unknown. We show that deletion of insulin-like growth factor-1 receptor (IGF-1R) limits firing rate homeostasis in response to inactivity, without altering the distribution of baseline firing rates. The deficient firing rate homeostatic response was due to disruption of both postsynaptic and intrinsic plasticity. At the cellular level, we detected a fraction of IGF-1Rs in mitochondria, colocalized with the mitochondrial calcium uniporter complex (MCUc). IGF-1R deletion suppressed transcription of the MCUc members and burst-evoked mitochondrial Ca²⁺ (mitoCa²⁺) by weakening mitochondria-to-cytosol Ca2+ coupling. Overexpression of either mitochondriatargeted IGF-1R or MCUc in IGF-1R-deficient neurons was sufficient to rescue the deficits in burst-to-mitoCa²⁺ coupling and firing rate homeostasis. Our findings indicate that mitochondrial IGF-1R is a key regulator of the integrated homeostatic response by tuning the reliability of burst transfer by MCUc. Based on these results, we propose that MCUc acts as a homeostatic Ca^{2+} sensor. Faulty activation of MCUc may drive dysregulation of firing rate homeostasis in aging and in brain disorders associated with aberrant IGF-1R/MCUc signaling.

firing rate homeostasis | homeostatic plasticity | mitochonria | IGF-1 receptor | MCU

Neural circuits are composed of a large number of dynamic elements at various levels of organization. The operation of a neuronal circuit depends on the interaction between the intrinsic properties of the individual neurons and the synaptic interactions that connect them into functional ensembles. While some aspects of synaptic and spiking activity are dynamic, others show remarkable stability over long time periods (1). Despite a large variability in synaptic and intrinsic parameters, firing rate distributions and their mean firing rate (MFR) are maintained at a specific set-point value during ongoing spontaneous activity. MFRs are typically restored even in the presence of large perturbations to activity rates and patterns. The renormalization of MFRs to a setpoint value has been observed in response to activity-dependent perturbations in cortical and hippocampal networks grown ex vivo (2-6) and to sensory deprivation in V1 cortex in vivo (7-10). MFR homeostasis can be achieved by a wide repertoire of homeostatic processes, including adjustments of synaptic strength, intrinsic excitability, and excitation-to-inhibition balance (11-13). Dysregulation of homeostatic plasticity has been proposed to drive synaptic and cognitive deficits in distinct brain disorders, including neurodevelopmental disorders (14, 15) and neurodegenerative disorders like Alzheimer's disease (16, 17).

Despite significant progress in our understanding of neuronal homeostasis, how firing rates are sensed and how this information is converted into feedback signaling remain largely unknown. Intracellular somatic cytosolic $[Ca^{2+}]$ (cytoCa²⁺) has been proposed to serve as a proxy of spiking activity because of their tight coupling and is therefore modeled as a feedback control signal (18, 19). According to these models, deviations from a specific target cytoCa²⁺ induce changes in effector proteins that result in renormalization of firing properties to a set point value. Indeed, cytoCa²⁺ in excitatory neurons returns to set-point value following sensory deprivation in vivo (9, 20) and following neuronal inactivity ex vivo (4). However, the molecular mechanisms that maintain cytoCa²⁺ around a target value and mediate the coordinated homeostatic response to stabilize firing rate distributions are unknown.

Insulin-like growth factor-1 receptor (IGF-1R) signaling is a well-known, evolutionaryconserved pathway regulating brain development (21, 22) and aging (23–26). In the central nervous system, IGF-1/IGF-1R signaling is critical for experience-dependent synaptic and neuronal plasticity in sensory cortices (27–29), adult neurogenesis (30–32), synaptic

Significance

An emerging hypothesis is that neuronal circuits homeostatically maintain a stable spike rate despite continuous environmental changes. This firing rate homeostasis is believed to confer resilience to neurodegeneration and cognitive decline. We show that insulin-like growth factor-1 receptor (IGF-1R) is necessary for homeostatic response of mean firing rate to inactivity, termed "upward firing rate homeostasis." We show that its mechanism of action is to couple spike bursts with downstream mitochondrial Ca²⁺ influx via the mitochondrial calcium uniporter complex (MCUc). We propose that MCUc is a homeostatic Ca²⁺ sensor that triggers the integrated homeostatic response. Firing rate homeostasis may be the principal mechanism by which IGF-1R regulates aging and neurodevelopmental and neurodegenerative disorders.

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The authors declare no competing interest.

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vesicle release (33–35) and neuronal excitability (35, 36). Moreover, IGF-1R is an important modulator of mitochondrial Ca^{2+} (mito Ca^{2+}) levels in hippocampal neurons (34). As mitochondria are involved in neuronal Ca^{2+} homeostasis (37), we have hypothesized that IGF-1R is necessary for the integrated homeostatic response to activity perturbations.

To test this hypothesis, we examined here how IGF-1R affects spike-to-Ca²⁺ transfer functions that quantitatively describe the coupling between spikes and the compartment-specific Ca²⁺ events they evoke. The coupling was measured at two different Ca²⁺ compartments-cytosol and mitochondria-in soma of excitatory hippocampal neurons. Specifically, we aimed to examine the role of spike-to-cyto Ca^{2+} and spike-to-mito Ca^{2+} in the MFR homeostatic response to inactivity at the network level. Our results demonstrate that somatic mitochondria selectively uptake Ca²⁺ evoked by spike bursts, but not by single spikes. Utilizing superresolution imaging and biochemistry, we detected a population of IGF-1-bound IGF-1Rs in neuronal mitochondria, colocalized with mitochondrial calcium uniporter (MCU) and other members of the MCU complex (MCUc). Deletion of IGF-1Rs did not alter spike-to-cytoCa2+ coupling, but weakened burst-to-mitoCa²⁺ coupling by downregulating transcription of several MCUc members. Moreover, while a pronounced increase in the fraction of spike bursts was detected in the initial phase of the perturbation, this change in spike pattern was lost in IGF-1R-deficient neurons. Reduction in burst fraction and in burstto-mitoCa²⁺ coupling resulted in impaired MFR compensation in response to inactivity. Overexpression of either MCUc or mitochondria-targeted IGF-1R (mitoIGF-1R) in IGF-1R-KO neurons was sufficient to rescue both mitoCa²⁺ and MFR homeostatic response. These results provide direct evidence for the critical role of IGF-1R/MCUc signaling in upward MFR homeostasis at the population level in hippocampal networks.

Results

IGF-1R Deficiency Limits Homeostatic Compensation of Mean Firing Rate and Pattern to Inactivity. To explore the role of mitoCa²⁺ in MFR homeostasis, we first tested whether IGF-1R is necessary for the homeostatic regulation of firing rate distributions and their means. For this, we used multielectrode arrays (MEAs) for long-term recordings of spiking activity at the same cultured hippocampal neurons during baseline and throughout two days of activity perturbation. The GABA_B receptor agonist baclofen (Bac) was used as a persistent inhibitory perturbation (4). For conditional deletion of IGF-1Rs, we used $IGF-1R^{H/H}$ mice (38) with a viral delivery of Cre-recombinase. We used adeno-associated virus (AAV) under the general promoter CBAP (AAV1/2-CBAP-Cre-Cerulean), creating IGF-1R knockout (IGF-1R–KO) networks (*SI Appendix*, Fig. S1 *A* and *B*). For control (Ctrl) experiments, IGF-1R^{fl/fl} cultures were infected with AAV1/2-CBAP-Cerulean. As expected from our early work (4, 6), Ctrl networks displayed a pronounced suppression of activity by baclofen (10 µM) that was restored to the network's baseline MFR after a period of two days (Fig. 1 A-C). Conversely, the average firing rates of IGF-1R-KO networks exhibited only partial (~45%) recovery subsequent to baclofen application (Fig. 1 D-F). Moreover, distributions of Ctrl single-unit firing rates were indistinguishable before, and two days after, baclofen application (Fig. 2A). While effects of 2 d baclofen were variable per single unit in Ctrl conditions (Fig. 2B), on average per-unit MFR was not different following baclofen application (Fig. 2C). In contrast, MFR distribution was left-shifted following baclofen application in IGF-1R-KO neurons (Fig. 2D)

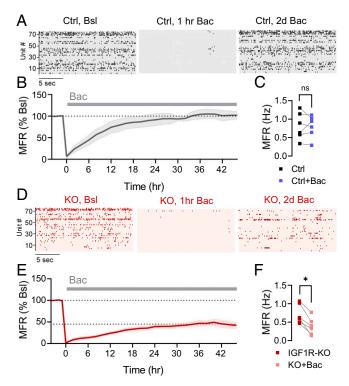


Fig. 1. IGF-1R deletion limits mean firing rate homeostasis at the network level. (*A*) Raster plots of the same neurons during baseline (Bsl, *Left*), acute application of 10 μ M baclofen (Bac, *Center*), and following two days of Bac (*Right*) in Ctrl (Ctrl) cultures. (*B*) A typical MFR homeostatic response to chronic inactivity induced by 10 μ M baclofen in Ctrl cultures, showing renormalization to the baseline network MFR (6 experiments, 535 units). (C) Summary of full MFR recovery following two days of Bac (Bac_{2d}) in Ctrl networks (*P* = 0.68, each point represents individual experiment, same data as *B*). (*D*) Raster plots of the same neurons during baseline (*Left*), acute application of Bac (*Center*), and following Bac_{2d} (*Right*) in IGF-1R–KO culture. (*E*) MFR homeostatic response was limited by IGF-1R–KO (6 experiments, 371 units). (*F*) Summary of partial recovery of MFRs following Bac_{2d} in IGF-1R–KO networks (*P* = 0.0313, each point represents individual experiment, same data as *E*). Wilcoxon test (*C* and *F*). Error bars indicate SEM. ns, not significant, **P* < 0.05.

due to incomplete single-unit recovery (Fig. 2 E and F). In addition to changes in mean rate, temporal spike pattern was also affected by baclofen, confirming our early study (4). Namely, in Ctrl networks, the fraction of spikes participating in single-unit bursts (Fig. 2 G and H) and burst frequency normalized to MFR (SI Appendix, Fig. S2 A and B) showed an acute decrease and subsequent increase beyond the baseline level, which gradually declined during the perturbation. In contrast, IGF-1R-KOs showed lower fraction of spikes participating in bursts at any given moment of time: baclofen caused an acute decrease in the fraction of spikes in bursts that recovered to the baseline during the first day of the perturbation and eventually declined below the baseline during the second day of the perturbation (Fig. 2 G and H). These experiments point toward IGF-1R as a necessary component of homeostatic regulation of firing rate and pattern. Notably, IGF-1R deletion did not affect baseline firing rates (Fig. 21) and patterns (Fig. 2 J and K and SI Appendix, Fig. S2 E and F), suggesting that IGF-1R is not necessary for the maintenance of baseline spontaneous network activity, but for the homeostatic response to chronic inactivity.

We next asked whether somatic $cytoCa^{2+}$ is also homeostatically regulated, and whether IGF-1R is necessary for this process. Continuous imaging of somatic $cytoCa^{2+}$ during spontaneous spiking activity in excitatory hippocampal neurons was conducted at baseline and following 2 d of baclofen perturbation

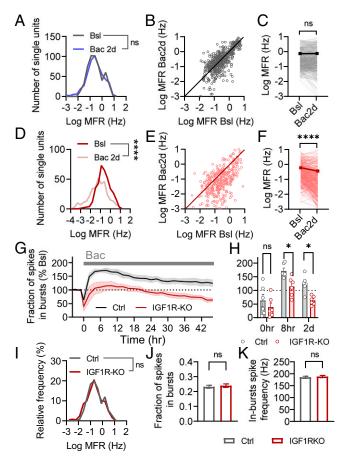


Fig. 2. Deletion of IGF-1R limits firing rate and pattern homeostasis, without affecting their basal metrics. (A-C) Effect of Bac2d on 535 single units in Ctrl cultures. (A) Firing rate distributions were unchanged following Bac_{2d} (P = 0.23). (B) Changes in MFR per neuron. Line indicates no change. (C) MFRs were unchanged following Bac_{2d} (P = 0.79). (D-F) Effect of Bac_{2d} on 371 single units in IGF-1R-KO cultures. (D) Firing rate distributions were left-shifted following Bac_{2d}. (E) Changes in MFR per neuron. Line indicates no change. (F) MFRs were reduced following Bac_{2d} (0.60 \pm 0.05 Hz for IGF-1R-KO, 0.35 \pm 0.05 Hz for KO+Bac). (G and H) Fraction of spikes participating in bursts following Bac_{2d} in Ctrl and IGF-1R-KOs (n = 6 experiments, 535 units in Ctrl; n = 6 experiments, 371 units in IGF-1R-KO). (*I-K*) IGF-1R-KO does not affect basal firing properties (same data as in A-F). No difference was found in MFR distributions between Ctrl and IGF-1R-KO neurons (l, P = 0.1), in fraction of spikes participating in bursts (J, P = 0.31, 0.23 ± 0.01 for Ctrl, 0.24 ± 0.01 for IGF-1R-KO) and in the intraburst spike frequency (K, P = 0.32, 185.1 \pm 4.1 Hz for Ctrl, 188.4 ± 4.7 Hz, for IGF-1R-KO). Wilcoxon test (C and F), Kolmogorov-Smirnov test (A, D and I), Mann-Whitney U test (J and K), Two-way ANOVA with Sidak's multiple comparison test (H). Error bars indicate SEM. ns, not significant, **P* < 0.05, *****P* < 0.0001.

(SI Appendix, Fig. S1 C and D). The average amplitude, frequency, and Ca²⁺ influx index (a product of average amplitude x frequency) of cytosolic events were quantified for Ctrl and IGF-1R–KO neurons. In Ctrl, 2 d of baclofen did not affect cytoCa²⁺ event amplitudes, rate, and subsequently the Ca²⁺ influx index (SI Appendix, Fig. S1 *E*–*G*). In IGF-1R–KO neurons, the amplitude of cytoCa²⁺ events remained unaltered following the perturbation, but their frequency was diminished, resulting in lower Ca²⁺ influx index following 2 d of the perturbation (SI Appendix, Fig. S1 *H–J*). These results are in line with the electrophysiological data showing limited recovery of both MFR and burst rate (Fig. 1 *E* and *F* and *SI Appendix*, Fig. S2 *A* and *B*). Moreover, these data further support somatic cytoCa²⁺ as a regulated variable maintained by a homeostatic system and demonstrate that IGF-1R deletion impairs this regulation.

IGF-1 is the principal ligand of the IGF-1R (39). To test if it is the necessary signal for IGF-1R to enable MFR homeostasis,

we knocked-down IGF-1 using an AAV carrying a small-hairpin RNA against it (shIGF-1). shIGF-1 mimicked the effect of IGF-1R–KO, showing a limited compensatory MFR response to baclofen in comparison to a control vector carrying a scrambled sequence (shScr, *SI Appendix*, Fig. S3 *A* and *B*). These results indicate that MFR homeostatic response is mediated by IGF-1–activated IGF-1Rs.

To test if IGF-1R is necessary for MFR renormalization to a set-point value for bidirectional changes in activity, we induced chronic hyperactivity in IGF-1R–KO neurons by enhancing glutamate spillover by inhibiting glutamate transporters (40). Application of 10 μ M TBOA, a competitive glutamate transporter antagonist (41), induced a transient increase in MFR that was gradually renormalized during the following 2 d to the set-point value (*SI Appendix*, Fig. S3 C and D). Taken together, these results indicate that IGF-1R is essential for upward but not for downward homeostatic restoration of MFRs.

IGF-1R Deletion Blocks Postsynaptic and Intrinsic Homeostatic Plasticity. MFR homeostasis is achieved by intrinsic and synaptic adaptations that act in a negative-feedback manner to counteract disturbances to ongoing activity (12). Is IGF-1R necessary for a single but crucial compensatory mechanism, or rather is it an up-stream regulator of distinct compensatory mechanisms? To address this question, we measured several parameters of intrinsic excitability and synaptic strength in excitatory neurons using whole-cell patch clamp. We first tested whether intrinsic excitability is changed after 2 d of baclofen. We elicited action potentials by injecting somatic currents ranging from zero to 600 pA (F-I curves) in the presence of postsynaptic receptor blockers in Ctrl (Fig. 3 A and B) and IGF-1R-KO (Fig. 3 C and D) excitatory neurons. In Ctrl, 2 d of baclofen elicited an increase in firing rate in response to current injections (Fig. 3 A and B) and augmented the maximal firing frequency (SI Appendix, Fig. S4A). However, this plasticity of intrinsic excitability was lost in IGF-1R-KO neurons, as reflected by the lack of change in the F-I curve (Fig. 3 C and D) and the maximal firing frequency (SI Appendix, Fig. S4A) in response to 2 d of baclofen. Input resistance, spike threshold voltage, spike amplitude and half-width were unaltered by 2 d of baclofen in either Ctrl or IGF-1R-KO groups (SI Appendix, Fig. S4 B-E), but the KO group exhibited increased input resistance (SI Appendix, Fig. S4B) and decreased action potential amplitude (SI Appendix, Fig. S4D). These changes, however, did not result in changes of spontaneous firing (Fig. 2*I*).

Next, we tested whether IGF-1R deletion alters presynaptic and postsynaptic adaptations to inactivity. Indeed, in Ctrl neurons, 2 d of baclofen elicited a marked increase in the amplitude of miniature excitatory postsynaptic currents (mEPSCs) (Fig. 3 E and F), whereas in IGF-1R-KO neurons this homeostatic postsynaptic plasticity was lost, reflected by the lack of baclofen effect on the mEPSC amplitude (Fig. 3 E and G). On the other hand, the mEPSC frequency was increased in both groups (SI Appendix, Fig. S4 F and G). To test if IGF-1R preserves the integrity of presynaptic compensatory mechanisms, we quantified presynaptic vesicle recycling directly using FM-based method (42). As baclofen-induced increase in mEPSC frequency is associated with an increase in synaptic release probability (4), we used FM1-43 to test if homeostatic increase in synaptic release probability remains intact in IGF-1R-KOs. In response to 2 d of baclofen perturbation, both Ctrl and IGF-1R-KOs exhibited increased presynaptic strength evoked by low-frequency stimulation (SI Appendix, Fig. S4 H-) and decreased short-term synaptic facilitation evoked by

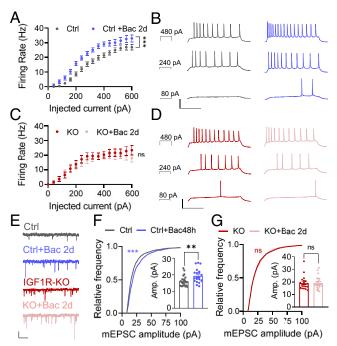


Fig. 3. Lack of intrinsic excitability and postsynaptic homeostatic adaptations in IGF-1R-KO neurons. (A) Increased firing of Ctrl neurons in response to depolarizing currents following Bac_{2d} (n = 29 for Ctrl, n = 24 for Ctrl+Bac). (B) Representative traces of Ctrl neurons before (Black) and after (Blue) Bac2d. (C) No change (P = 0.56) in firing of IGF-1R-KO neurons in response to depo-Larizing currents following Bac_{2d} (n = 26 for IGF-1R-KO, n = 26 for KO+Bac). (*D*) Representative traces of IGF-1R-KO neurons before (Dark red) and after (Pink) Bac2d. (E) Representative mEPSC recordings of neurons from each group (scale bars: 1 s, 20 pA). (F) Cumulative distribution of mEPSC amplitudes in Ctrl was skewed toward larger amplitudes following Bac_{2d} (n = 2,061events from 23 Ctrl neurons and n = 1,887 events from 21 Ctrl+Bac neurons). *Inset*: mean of amplitudes is increased following Bac_{2d} (16.20 ± 0.64 pA, n = 23 for Ctrl; 19.37 \pm 0.89 pA, n = 21 for KO+Bac). (G) Cumulative distribution of mEPSC amplitudes in IGF-1R-KO did not change following Bac_{2d} (P = 0.87, n = 1,860 events from 21 IGF-1R-KO neurons, 1,890 events from 21 KO+Bac neurons). Inset: mean of mEPSC amplitudes did not change (P = 0.87) following Bac_{2d} (18.92 ± 1.15 pA, n = 21 for IGF-1R-KO; 19.17± 1.12 pA, n = 21 for KO+Bac. Two-way ANOVA mixed-effects analysis (A and *C*), Kolmogorov-Smirnov and Mann-Whitney *U* tests (*F* and *G*). Error bars indicate SEM. ns, not significant, **P < 0.01, ***P < 0.001.

high-frequency spike bursts (*SI Appendix*, Fig. S4 K and *L*), indicating an increase in release probability. These results suggest that IGF-1R is dispensable for the presynaptic homeostatic plasticity. However, the presynaptic compensation is insufficient for MFR renormalization. Taken together, our results demonstrate that deletion of IGF-1Rs impaired both postsynaptic and intrinsic homeostatic mechanisms that may contribute to the failure of MFR homeostatic recovery at the network level.

IGF-1R Deletion Suppresses Spike-to-MitoCa²⁺ Coupling. How changes in firing rates and patterns are translated into physiological error signals within neurons remains unknown. Somatic cytoCa²⁺ has long been assumed to be a regulated variable through which neurons sense changes in spiking activity, and by doing so are able to correct deviations from MFR set points (18, 19). Mitochondria are known to uptake Ca²⁺ upon neuronal activation (43), and thus may serve as a sensor of activity-induced changes in cytoCa²⁺ (17). As our early work found that IGF-1Rs modulate mitoCa²⁺ at the presynaptic compartment (34), we asked how do IGF-1Rs regulate activity-dependent cytoCa²⁺ and mitoCa²⁺ in neuronal soma. To address this question, we measured spike-to-cytoCa²⁺ and cyto-to-mitoCa²⁺ coupling for different patterns of spikes in Ctrl versus IGF-1R–KO excitatory neurons. We conducted simultaneous dual-color

imaging of cytosolic and mitochondrial Ca²⁺ dynamics by using jRGECO1a and 4mt-GCaMP8m, respectively (Fig. 4*A*). To identify excitatory neurons, we used 4mt-GCaMP8m under the CaMKII α promoter. Neurons were stimulated by a single spike and spike bursts comprising of 3, 5 and 10 spikes at 50 Hz, while spontaneous firing was blocked. Under these conditions, spike-to-cytoCa²⁺ coupling did not differ between Ctrl and IGF-1R-KO neurons (Fig. 4 *B* and *D*). Conversely, IGF-1R deletion caused a significant reduction in spike-to-mitoCa²⁺ coupling (Fig. 4 *C* and *E*). Importantly, mitoCa²⁺ transients were activated only by spike bursts, but not by single spikes. Hence, IGF-1R deletion diminished Ca²⁺ uptake by mitochondria evoked by spike bursts only. These changes resulted in weaker cytoCa²⁺-to-mitoCa²⁺ coupling, as seen by the right-shift of their transfer function (Fig. 4*F*).

Given the central role of mitochondria in ATP production, we tested whether IGF-1R deletion suppressed ATP homeostasis. We used the cytosolic FRET sensor ATeam (44) to estimate somatic ATP levels in Ctrl and IGF-1R–KO hippocampal neurons. Our results show no difference in FRET efficiency by IGF-1R deletion during spontaneous activity (*SI Appendix*, Fig. S5). Taken together, these data suggest that IGF-1R–KO impairs somatic Ca²⁺ uptake by mitochondria, without affecting cytoCa²⁺ and ATP levels. The decreased mitoCa²⁺ transients elicited by burst-induced cytoCa²⁺ events, ultimately lead to a weakening of cytoCa²⁺-to-mitoCa²⁺ coupling.

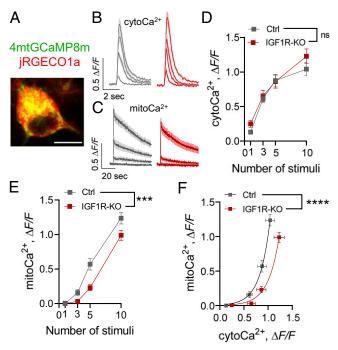


Fig. 4. IGF-1R deletion decreases somatic mitoCa²⁺ and cytoCa²⁺-tomitoCa²⁺ coupling evoked by spike bursts. (A) An excitatory neuron expressing cytosolic jRGCECO1a and mitochondrial GCaMP8m. Scale bar: 10 µm. (*B*) Mean (dark line) and SEM of cytoCa²⁺ traces for a single spike and spike bursts composed of 3, 5, and 10 stimuli at 50 Hz. Scale bars: 0.5 Δ F/F, 2 s (C) Mean (dark line) and SEM of mitoCa²⁺ traces for a single spike and spike bursts composed of 3, 5, and 10 stimuli at 50 Hz. Scale bars: 0.5 Δ F/F, 2 s (C) Mean (dark line) and SEM of mitoCa²⁺ traces for a single spike and spike bursts composed of 3, 5, and 10 stimuli at 50 Hz. Scale bars: 0.5 Δ F/F, 20 s (*D*) CytoCa²⁺ responses were not changed (*P* = 0.42) by deletion of IGF-1R (*n* = 40-42 for Ctrl, *n* = 32-37 for IGF-1R-KO). (*E*) MitoCa²⁺ transients evoked by spike bursts were reduced in IGF-1R-KO neurons (*n* = 40-42 for Ctrl, *n* = 32-37 for IGF-1R-KO). (*F*) CytoCa²⁺-tomitoCa²⁺ coupling was reduced in IGF-1R-KO (*n* = 165 events for Ctrl, *n* = 142 events for IGF-1R-KO). Squares are mean of cytoCa²⁺ events from *D* and mean of mitoCa²⁺ events from *E*. Two-way ANOVA mixed effects analysis (*D* and *E*), Least square exponential regression. Extra sum-ofsquares F test (*F*). Error bars indicate SEM. ns, not significant, ****P* < 0.001, *****P* < 0.0001.

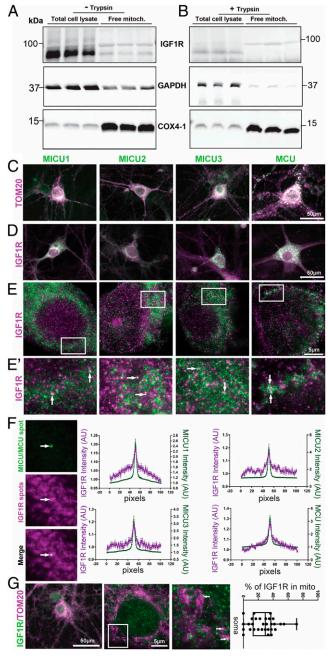


Fig. 5. IGF-1R is present in brain mitochondria, and is colocalized with MCUc within neurons. (A) Western blot (WB) analysis of mouse brain lysates and purified mitochondria (free mitochondria). The mitochondria are strongly enriched in the marker protein Cox4-1. The bands demonstrate the presence of the IGF-1R protein in or on mitochondria. (B) Samples were treated with trypsin to cleave all proteins from the outer membranes of the organelles in the samples. Remarkably, a prominent IGF-1R band is still visible in mitochondria after this treatment, suggesting that a significant proportion of IGF-1R is present within mitochondria. The experiments are shown in triplicate, to indicate experimental reproducibility. (C) Hippocampal cultured neurons were immunostained for TOM20, as a mitochondrial marker (magenta), in combination with antibodies against four different subunits of the MCUc (green). From left to right: MICU1, MICU2, MICU3, and MCU. Scale bars: 50 µm. The images were taken with an epifluorescence microscope. (D) Cultured neurons were immunostained as above, to test the colocalization of IGF-1R (magenta) and the respective MCUC subunits (green). Scale bars: 50 $\mu m.$ (E) Representative STED images of neural cell bodies immunostained for IGF-1R (magenta) and MCUc subunits (green). (E') Enlarged views of the delineated areas alongside the filled arrows depict examples of colabeling of IGF-1R and the MCUc proteins. Scale bars: 5 µm. (F) Square regions of interest (ROIs) were obtained for all MCUc spots, both in the MCUc and in the IGF-1R channels. The ROIs were then overlaid, which provides a visual indication of the presence of IGF-1R in relation to MCUc spots. The arrows point to the ROI centers, where the

IGF-1R Is Present in Neuronal Mitochondria. The mechanism used by IGF-1R to regulate the mitoCa²⁺ influx does not appear to be straightforward, when one considers that IGF-1R is a canonical plasma membrane receptor. One solution to this problem would be the presence of IGF-1R in mitochondria, where the MCUc is located. We tested this by biochemical fractionation and superresolution imaging approaches (Fig. 5). Using an antibody against the β subunit of IGF-1R, we detected the unmodified IGF-1R β subunit (~95 kDa), which was predominant in the total lysate of mouse brain, and an additional ~100-kDa band that was enriched in the mitochondrial fraction (Fig. 5A). This second band was stable when the lysates were treated with trypsin, implying that a fraction of IGF-1R is found in the inner mitochondrial space, and is not simply attached to the outer mitochondrial membrane (Fig. 5B). Next, we tested whether IGF-1R is colocalized in mitochondria with MCUc, using 2-color stimulated emission depletion (STED) microscopy (Fig. 5 C and D). This revealed a partial colocalization of IGF-1R and the four MCUc components - the pore-forming subunit MCU, as well as regulatory subunits MICU1, MICU2 and MICU3 (Fig. 5 E and E). Quantitative analysis indicated that the colocalization is statistically significant, with the IGF-1R signal in the MCUc spots being significantly higher than elsewhere (Fig. 5F). On average, \sim 30% of IGF-1Rs in soma are localized with the bona fide mitochondrial marker TOM20 (Fig. 5G). Finally, we tested if mitochondrial IGF-1R binds IGF-1 using a proximity ligation assay (PLA, see SI Appendix, Methods). The PLA allows visualization of the interaction between two endogenous proteins in fixed neurons strictly dependent on the simultaneous recognition of the target by two antibodies (SI Appendix, Methods). As shown in SI Appendix, Fig. S6, ~40% of IGF-1Rs bound to IGF-1 were localized to the mitochondria. Taken together, these results suggest that IGF-1-bound IGF-1Rs are present in the mitochondria, where it colocalizes with MCUc complexes.

Rescue of MitoCa²⁺ and Upward MFR Homeostatic Response by MitoIGF-1R/MCUc. Given that MCUc is the primary Ca²⁺ source into mitochondria (37), reduction in mitoCa²⁺ by IGF-1R deletion may result from down-regulation of the MCUc subunits. To test this hypothesis, we measured the mRNA expression levels of MCU and the Ca²⁺-sensing subunits MICU1, MICU2 and MICU3. We found that IGF-1R deletion caused a downregulation in the expression level of MCU and the brain-specific (45) MICU3 subunits, while it did not affect the expression levels of MICU1 and MICU2 subunits (Fig. 6*A*). We therefore conclude that IGF-1R affects MCU and MICU3 expression at the transcriptional level.

MCUc spots are located, and where an enrichment of IGF-1R is also observed. To analyze these images, line scan profiles of intensity for IGF-1R (magenta) and the four MCUc subunits (green) were performed across the ROIs, and are shown as means ± SEM from 8 samples for each MCUc subunit. A small, but significant enrichment of IGF-1R near MCUc spots can be observed for all samples (Kruskal-Wallis tests followed by a post hoc Tukey test, corrected for multiple comparisons; P < 0.001 for colocalization with MCU, MICU1 and MICU2; P < 0.05 for MICU3). (G) We immunostained the cultured neurons for IGF-1R (green) and the mitochondrial marker TOM20 (magenta), to estimate the proportion of IGF-1R that colocalizes with mitochondria. STED images strongly suggest a partial colocalization in the soma (some colocalized molecules are shown by the arrows). Scale bars, 50 μm and 5 µm, respectively. The quantification shows the percentage of IGF-1R spots found within the space delimited by the TOM20 staining (i.e., found on mitochondria), which averages to ~30%. The box shows the median and the quartiles, while the whiskers show the range of data (n = 5 independent experiments, with 5-7 cells imaged for each experiment).

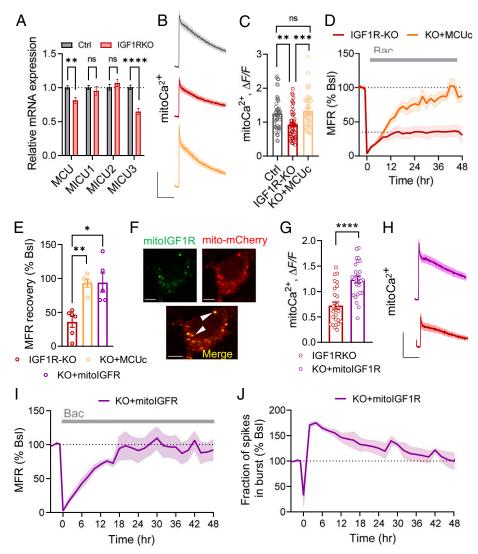


Fig. 6. Over-expression of mitolGF-1R or MCUc rescues mitoCa²⁺ and MFR homeostasis in the absence of IGF-1R. (A) mRNA expression of MCUc proteins in IGF-1R-KO cultures relative to Ctrl: The mRNA of MCU and MICU3 was reduced in IGF-1R-KO culture (0.815 \pm 0.045 for MCU; 0.649 \pm 0.046 for MICU3), and did not change in MICU1 and MICU2 (0.954 ± 0.064, P = 0.925 for MICU1; 1.070 ± 0.054, P = 0.832 for MICU2, n = 15 for IGF-1R-KO; n = 13 for Ctrl. Samples from 3 experiments for MCU and MICU3, samples from 2 experiments (n = 9) for MICU1 and MICU2). (B) Mean (dark line) and SEM of mitoCa²⁺ event traces in response to 10 stimuli at 50 Hz shown in C. (C) MitoCa²⁺ is reduced by IGF-1R deletion, and is rescued by over-expression of MCUc in IGF-1R-KO neurons $(P > 0.99, 1.25 \pm 0.07, n = 49$ for Ctrl; 0.93 \pm 0.06, n = 52 for IGF-1R-KO, 1.33 \pm 0.08, n = 42 for KO+MCUc). (D) Impaired MFR response to chronic inactivity induced by 10 μM baclofen in IG1R-KO cultures expressing mCherry, normalized to the baseline MFR (red line, 6 experiments, 291 channels). Restoration of a normal MFR homeostatic response in IGF-1R-KO+MCUc, normalized to the baseline MFR (orange line, 5 experiments, 252 channels). (E) Summary (same data as D and I) shows restoration of MFR recovery following Bac_{2d} by MCUc or mitoIGF-1R in IGF-1R-KO (93.1 ± 5.9% of baseline for IGF-1R-KO+MCUc and 93.9 ± 13.9% for IGF-1R-KO+mitoIGF-1R, compared to 36.1 ± 8.0% for IGF-1R-KO+mCherry). Each circle is the mean of the last four time-points of each experiment in D and I. (F) Representative confocal images of a hippocampal neuron expressing mitoIGF-1R (4mtIGF-1R-mTagBFP2, Top Left), mito-mCherry (2mt-mCherry, Top Right) and the merged image of both markers showing overlapping expression (Bottom). Arrows show examples of mitoIGF-1R and mitomCherry colocalization. Scale bar: 5 µm. (G) Expression of mitoIGF-1R in IGF-1R-KO neurons increased mitoCa²⁺ in response to 10 stimuli at 50 Hz (0.72 ± 0.07, n = 27 for IGF-1R-KO, 1.24 \pm 0.07, n = 26 for KO+mitoIGF-1R). (H) Mean (dark line) and SEM of mitoCa²⁺ event traces in (F) scale bars: 20 s, 0.5 $\Delta F/F$. (/) Normal MFR homeostatic response in IGF-1R–KO+mitoIGF-1R, normalized to the baseline MFR (5 experiments, 458 channels). (/) Fraction of spikes participating in bursts following Bac_{2d} in IGF-1R-KOs expressing mitoIGF-1R (n = 4 experiments, 421 units). Two-way ANOVA with Sidak's multiple comparison test (A), Kruskal-Wallis test with Dunn's correction for multiple comparisons (B and F), Mann-Whitney U test (H). Error bars indicate SEM. ns, not significant, **P* < 0.05, ***P* < 0.01, ****P* < 0.001, *****P* < 0.0001.

To directly test whether reduction in mitoCa²⁺ is the primary cause of impaired MFR homeostasis in IGF-1R–KOs, we tested whether ectopic overexpression of MCUc may rescue mitoCa²⁺ and MFR homeostasis. Our results show that overexpression of MCU, together with its regulatory subunits (MICU1 and MICU3), led to an increase in mitoCa²⁺ transients evoked by spike bursts in IGF-1R–KOs, rescuing it to control level (Fig. 6 *B* and *C*). Then, we tested if the rescue of mitoCa²⁺ in IGF-1R–KO neurons is sufficient to restore MFR homeostasis in response to inactivity. While MFR recovered only to 36% of the baseline in IGF-1R–KO networks overexpressing mCherry, overexpression of MCUc markedly increased the compensatory response of IGF-1R–KO networks to 93% of the baseline (Fig. 6 D and E). As MCUc rescues both mitoCa²⁺ and MFR homeostasis in response to inactivity, these results strongly suggest that IGF-1R deletion impairs MFR homeostatic recovery from inactivity by reducing mitoCa²⁺ uptake during spike bursts.

Finally, we examined if restoring IGF-1R exclusively in the mitochondria is sufficient for functional recovery of mitoCa²⁺ dynamics and MFR homeostasis. To localize IGF-1R to mitochondria, we fused IGF-1R sequence at the N terminus to a tandem of four repeats of the Cox-8 mitochondria-targeting peptide

(AAV-CBAP-4mtIGF-1R-mTagBFP2, called mitoIGF-1R). MitoIGF-1Rs were colocalized with mitochondrial marker mitomCherry in neurons (Fig. 6*F*). Expression of mitoIGF-1R in IGF-1R-KO neurons increased mitoCa²⁺ to Ctrl levels (Fig. 6 *G* and *H*) and rescued MFR homeostasis (Fig. 6 *I* and *E*). Furthermore, mitoIGF-1R expression rescued baclofen-induced change in spike pattern in IGF-1R-KOs; the fraction of spikes participating in single-unit bursts was increased above the baseline during the initial phase of the perturbation and gradually decreased to the baseline (Fig. 6*J*), similarly to control conditions (Fig. 2*G*). Thus, a subpopulation of IGF-1R, mitoIGF-1R, is sufficient for the proper functioning of both processes—mitoCa²⁺ and MFR homeostasis.

Discussion

Long-term stability of ongoing spiking dynamics is crucial for neural circuits' functions (46-50). Although a large number of fine-tuned parameters regulating synaptic and intrinsic membrane properties can generate similar firing properties (51, 52), the cellular and molecular design underlying MFR homeostasis in central neural networks remains largely unknown. Here, we identify a novel role of IGF-1Rs, known regulators of brain development (21), proteostasis (53, 54) and lifespan (23, 24, 26), in homeostasis of neural network activity. Our results provide converging evidence on the necessity of evolutionary-conserved IGF-1R signaling in the stabilization of firing rate distributions at the population level in hippocampal networks. These results are important for several reasons. First, they demonstrate that IGF-1Rs are dispensable in regulating MFR set points during spontaneous neuronal activity, but are critical for the homeostatic compensation of MFR to inactivity. Second, they reveal a role of IGF-1R in regulating temporal Ca²⁺ filtering via MCUc of neuronal mitochondria during periods of spike bursts. Third, they reveal that a subpopulation of IGF-1Rs is present in mitochondria and colocalized with MCUc. Fourth, they show that either mitoIGF-1R or MCUc can restore upward MFR homeostasis in IGF-1Rdeficient networks. Finally, they point to a critical role of mitochondria in regulating the integrated homeostatic response at the network level.

Mitochondria as High Pass Filters in Central Neurons. Our results indicate that neurons are extremely unreliable at transferring information encoded by single spikes to somatic mitochondria. The coupling of mitochondria-to-cytosolic Ca²⁺ is nonlinear, showing almost complete uncoupling during periods of low-frequency, single spikes. However, spike bursts, known to play an important role in synaptic plasticity and information processing (55), are reliably signaled to mitochondria by activating mitoCa²⁺ influx via MCUc. Thus, neuronal mitochondria can be viewed as filters that transmit bursts, but filter out single spikes. Our results demonstrate that these filter properties are regulated by IGF-1Rs. We identified a subpopulation of IGF-1Rs that localizes in mitochondria and regulates mitoCa²⁺ entry in hippocampal neurons. While previous work identified several other members of receptor tyrosine kinase family that can translocate to mitochondria, such as EGFR (56, 57) and ErbB2R (58), future studies are needed to understand the mechanism of IGF-1R translocation to neuronal mitochondria and its posttranslational modifications. Similarly to EGF (57), IGF-1 may induce internalization and translocation of the IGF-1R from the plasma membrane to the mitochondria (SI Appendix, Fig. S7). Irrespective of the precise mechanism, our results point to mitoIGF-1R as a key regulator of mitoCa²⁺

influx. Although our conclusions are based on cultured neurons, a recent in vivo study in the cortex of awake mice showed a positive relationship between mitoCa²⁺ and cytoCa²⁺ peak amplitudes, wherein large cytoCa²⁺ events are likely to be evoked by spike bursts (59). Therefore, unreliable spike-to-mitoCa²⁺ coupling during single spikes appears to be a universal property of somatic mitochondria in central neurons. Given that the duration of mitoCa²⁺ events is ~8 times longer than cytoCa²⁺, mitochondria perform amplification and high-pass filtering of burst-evoked cytoCa²⁺ to control the threshold and gain as has been previously proposed (60), but also controls information content transferred from cytoplasmic membrane potential to mitochondria.

MCUc as a Homeostatic Sensor. What is the role of IGF-1R/ MCUc signaling in upward MFR homeostasis? Here, we propose that MCUc is a homeostatic sensor that drives expression of intrinsic and postsynaptic homeostatic plasticity, and eventually MFR homeostatic response (*SI Appendix*, Fig. S7). MCUc senses the changes in $cytoCa^{2+}$ by Ca^{2+} -binding EF-handcontaining regulatory subunits MICU (61). At the resting level of cytoCa2+, MICU1-MICU2 and MICU1-MICU3 heterodimers prevent ion conduction through the MCU channel, and they permit it when Ca^{2+} levels rise (62). Our results indicate that the rise of cyto Ca^{2+} evoked by spike bursts is sufficient to activate MCUc in neuronal soma. Our current and previous (4) results demonstrate that GABA_BR-mediated suppression of MFR is associated with a change in temporal spike pattern: the fraction of spike participating in bursts is increased during the initial phase of the perturbation. These changes in the temporal spike structure promote a more efficient activation of MCUc during the induction phase of homeostatic plasticity. The function of IGF-1Rs in upward MFR homeostasis is two-fold: 1) to enable an increase in the fraction of spike bursts during the induction phase of homeostatic plasticity; 2) to maintain burstto-mitoCa²⁺ coupling. Either reduction in secretion of IGF-1 or in IGF-1R expression level may decrease MCUc activation and thus impair the induction of intrinsic and postsynaptic homeostatic plasticity. Importantly, expression of mitoIGF-1Rs in IGF-1R-KO neurons rescued all 3 components: baclofeninduced increase in the fraction of spike bursts, burst-to-mitoCa²⁺ coupling and upward MFR homeostasis. Thus, mitoIGF-1R signaling emerges as a critical element in the induction of the integrated MFR response by regulating spike pattern and burst-to-mito Ca^{2+} coupling (*SI Appendix*, Fig. S7). As IG1-R does not alter presynaptic homeostatic plasticity, other homeostatic sensors, such as the endoplasmic reticulum (ER) Ca²⁺ sensor MCTP may drive presynaptic homeostasis (63). It remains to be tested if IGF-1 serves as a permissive cue as suggested for other secreted factors (64-66) and if burst-tomitoCa²⁺ uncoupling limits MFR compensation to other inactivity perturbations associated with suppression of spike burst fraction, such as AMPA receptor blockade (4).

Spike bursts are known to induce frequency- and spiketiming dependent plasticity (67). Moreover, recent findings demonstrate that spike bursts evoke pronounced mito Ca^{2+} transients in soma and apical dendrites (68) and mito Ca^{2+} is implicated in the induction of long-term potentiation (69). What are the mechanisms that separate the functions of burst-induced mito Ca^{2+} in Hebbian vs. homeostatic plasticity? One possibility is that different sources of Ca^{2+} entry to the cytosol are coupled to different intracellular signaling pathways. While Ca^{2+} entry trough NMDARs is critical for induction of Hebbian-like synaptic plasticity (70), Ca^{2+} entry through L-type (71, 72) and

T-type (73) voltage-gated calcium channels has been implicated in homeostatic plasticity. Moreover, the impact of N-type calcium channels on transcription is proposed to depend on Ca^{2+} buffering via mitochondria and ER (74). Thus, IGF-1R-depedent mito Ca^{2+} may regulate MFR homeostasis by tuning spike bursts - transcription coupling. How IGF-1R/MCUc signaling regulates mitochondria-to-nucleus Ca²⁺ coupling and transcriptional programs related to the upward MFR homeostatic response remains a challenge for future research.

IGF-1R and MFR Homeostasis. The network's ability to yield the same output despite different molecular compositions, called degeneracy, is proposed to be a ubiquitous biological property at all levels of organization (75). However, homeostatic regulation may fail when one of the core homeostatic machinery components becomes dysfunctional (16). Here, we show that IGF-1R deficiency limits upward firing rate homeostasis by suppressing mito Ca^{2+} -to-cyto Ca^{2+} coupling via MCUc. Thus, in addition to cyto Ca^{2+} , mito Ca^{2+} -to-cyto Ca^{2+} coupling may play a crucial role in MFR homeostasis.

It has been recently demonstrated that the loss of Shank3, implicated in autism spectrum disorders, impairs upward MFR homeostasis and ocular dominance plasticity in the V1m cortex (76). Interestingly, injection of IGF-1 prevents effects of monocular deprivation on ocular dominance plasticity in the V1 cortex (28). Moreover, IGF-1 restored deficits in excitatory synaptic transmission in neurons with reduced Shank3 expression from 22q13 deletion syndrome patients (77). However, whether deficiency in $mitoCa^{2+}$ evoked by spike bursts also limits upward MFR homeostasis in visual cortex and hippocampus in vivo is unknown. Whether common homeostatic mechanisms maintain stability of distinct neural circuits serving different functions remains an attractive question for future studies.

We hypothesize that maintaining a delicate balance of IGF-1R signaling is critical for normal brain functioning. On the one hand, some brain disorders are associated with down-regulation of IGF-1. For example, Mecp2 mutant mice, a model of Rett syndrome, exhibit decreased levels of serum IGF-1 (78). A treatment of Mecp2 mutant mice with systemic IGF-1 restored Rett syndrome-like symptoms, including synaptic and cognitive deficits (78, 79). As Mecp2 deletion impairs homeostatic synaptic scaling (80, 81) and excitation-to-inhibition balance (82), it would be important to test if IGF-1 restores the symptoms by rescuing homeostatic failures. On the other hand, a decrease in IGF-1R signaling protects from amyloid-β-mediated pathology as well as from synaptic, neuronal and cognitive deficits in Alzheimer's disease mouse models (34, 53, 83, 84). Moreover, inhibition of MCU decreases mitoCa²⁺ overload in cortical neurons of Alzheimer's disease model mice (85). Reduced mitoIGF-1R/ MCUc signaling may be neuroprotective by suppressing diseaseassociated hyperactivity of hippocampal synapses (34) and by restricting upward MFR homeostasis. It is noteworthy that the transcription factor REST regulates downward MFR homeostasis (86) and extends lifespan (87). It remains to be seen whether a critical role of IGF-1R in development and aging is rooted in its capacity to regulate firing rate homeostasis of central neural circuits.

Methods

Primary Hippocampal Culture Preparation. Hippocampal cultures were prepared from IGF-1R^{fl/fl} (88) pups (both sexes) at PO-1 as described before (89). For all electrophysiology and live cell imaging, cultures were infected at 5-6 d in vitro (DIV) with Cre+ or Cre- AAVs, shScr or shIGF-1 AAVs, and with MCUc

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(MCU, MICU1 and MICU3) or mtIGF-1R on DIV 8&9 (MCU and MICU1 on day 8, and MICU3 on the next day). The experiments were performed in cultures after 14–21 DIV. See SI Appendix, Methods for plasmid construction.

Electrophysiology.

MEA data acquisition and analysis. Cells were grown on MEA plates [Multi Channel Systems (MCS), 120MEA200/30iR-Ti] containing 120 titanium nitride (TiN) electrodes with four internal reference electrodes. Data were recorded by either a MEA2100-System (MCS) with a chamber that maintained 37 °C and 5% CO2, or a MEA1200-minisystem (MCS) that was constantly placed inside an incubator. Raw data were collected at 10 kHz, with a hardware high-pass filter of 1 Hz and an upper cutoff of 3.3 kHz for the MEA2100-system and 3.5 kHz for the MEA2100-minisystem. See SI Appendix, Methods for spike analysis.

Patch clamp whole-cell recordings and analysis. Experiments were performed at room temperature in a RC-26G recording chamber (Warner instrument LCC, USA) on the stage of FV300 inverted confocal microscope (Olympus, Japan) using a Multiclamp 700B amplifier and a Digidata 1440A digitizer (Molecular devices, LLC, USA). All experiments were carried out using extracellular Tyrode solution containing (in mM): NaCl, 145; KCl, 3; glucose, 15; Hepes, 10; MgCl₂, 1.2; CaCl₂, 1.2; pH adjusted to 7.4 with NaOH, and intracellular solution containing (in mM): K-gluconate 120; KCl 10; HEPESs 10; Na-phosphocreatine 10; ATP-Na₂ 4; GTP-Na 0.3; MgCl₂ 0.5. Intracellular solution was supplemented with 20 µM Alexa fluor 488 for dendritic spines imaging. For intrinsic excitability, synaptic blockers were used (in μ M): 10 CNOX, 50 AP-5, and 10 gabazine. For mEPSCs recordings, tetrodotoxin (1 μ M), AP-5 (50 μ M), and gabazine (10 μ M) were added to Tyrode's solution. Signals were recorded at 10 kHz, and low-pass filtered with Bessel filter 2 kHz. Electrophysiological data were analyzed using pClamp (Molecular Devices LLC, USA) and MiniAnalysis (Synaptosoft, Decatur, Georgia, USA) for mEPSC. See all the details in the SI Appendix, Methods.

Confocal Live Cell Imaging.

Evoked cytosolic and mitochondrial calcium imaging in neuronal soma. Experiments were performed on a FV-1000 (Olympus, Japan) system using a QR/RC-47FSLP chamber with a TC-324C temperature controller (Warner Instruments LLC, USA) at 33-34 °C. In-chamber temperature stability was verified between coverslips with a Newtron TM-5005 thermometer. Coverslips were placed in Tyrode's solution that contained (in mM): NaCl, 145; KCl, 3; glucose, 15; Hepes, 10; MgCl₂, 1.2; CaCl₂, 1.2; pH adjusted to 7.4 with NaOH at 34 °C. Synaptic blockers were used to prevent recurrent activity from stimulation (in µM): 10 CNQX, 50 AP-5. Cultures were infected with AAV1/2-hSyn-jRGECO1a and AAV1/2-CaMKII α -4mt-GCaMP8m, so that only excitatory neurons expressed both Ca⁺² sensors. Only cells with mitochondrial response to a 10-stimuli burst at 50 Hz were considered. Infection with AAV1/2-CBAP-Cre-Cerulean or AAV1/ 2-CBAP-Cerulean was verified with a 440 nm laser. Imaging was done with a 60X lens and $\times 1.5$ digital magnification at ~ 12.5 frames per second with 488 nm and 561 nm lasers, and emission spectra of 505-540 nm and 575-675 nm for GCaMP8m and jRGECO1a, respectively. Field stimulation was given using a SIU-102 stimulation unit (Warner Instruments LLC, USA) connected to an Axon Digidata 1440A digitizer (Molecular devices, LLC, USA). Each imaged neuron was stimulated by a single stimulus and bursts of 3, 5 and 10 stimuli at 50 Hz. Some neurons had more than one clear response to 3, 5 or 10 stimuli and thus excluded from analysis. Analysis were done using ImageJ.

STED Microscopy. Immunostaining was carried out based on standard protocols (SI Appendix). The following primary antibodies were used: MICU1 rabbit polyclonal (1:100; Sigma), MICU2 rabbit polyclonal (1:50; Sigma), MICU3 rabbit polyclonal (1:150; Sigma), MCU rabbit polyclonal (1:100; Sigma), TOM20 mouse monoclonal (1:100; Sigma), and IGF-1Rβ mouse monoclonal (1:100; Invitrogen, 194Q13). The applied secondary antibodies were anti-mouse STAR580 and anti-rabbit STAR635P purchased from Abberior GmbH, Göttingen, Germany. Epifluorescence images (Fig. 5 C and D) were obtained by means of an IX83 inverted microscope (Olympus). STED imaging (Fig. 5 E and E') was captured using a STED Abberior microscope, Göttingen, Germany. Excitation lines of 640 nm and 561 nm were adopted for exciting Star653P (MCUc subunits) and Star580 (TOM20 and IGF-1R). For STED excitation, pulsed lasers were set at 640 nm and 580 nm. STED depletion was implemented via 775 nm depletion laser and the images were acquired at 20 nm pixel size.

Brain and Free Mitochondria Purification. Brain lysates and free mitochondria were isolated as previously described (90) form 5-mo-old C57BL/6Rj with minor modifications (*SI Appendix*). These mitochondria were named "free mitochondria" and were used for further analyses.

Statistical Analysis. Experiments were repeated at least three times (three independent cultures) for each group. Data are shown as mean \pm SEM (SEM). All statistical analyses were carried out using GraphPad Prism 8.0 (GraphPad software, USA), and the specific tests of each figure, along with their *P* values and total number of cells/repetitions per experimental group (n/N) are specified in the figure legends.

Data Availability. All study data are included in the article and/or supporting information.

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