

Interview guideline long COVID

Version III (February 18th, 2022)

Demographic data

Gender:

Nationality:

Age:

Occupation:

Marital status:

Children yes/no; Number (if "yes"):

A Health situation

- I. Do you remember when you first became aware that you had an ongoing limitation after your corona infection? What were your thoughts and feelings regarding this?
- II. What health limitations do you currently have?
- III. Do you have the impression that people around you are considerate of your current health limitations and if so, what do you attribute this to?
- IV. Have you received a corona vaccination despite your infection with the coronavirus?

B Private / social environment and everyday experiences

- I. Describe your situation at home. What is your daily life like in your family/partnership?
- II. How do your health limitations currently affect your interactions with family, friends and your partner?
- III. Are there people in need of care in your environment whom you take care of?
- IV. Are you active in the church and what significance does it have for you in your everyday life?
- V. What are your hobbies and how do you manage to implement them in your daily life?

- VI. Do you do sports regularly?
- VII. During the corona pandemic, there were government restrictions such as contact restrictions, distance regulations, and masking requirements. How did you experience these stipulations?
- VIII. In the corona pandemic, some people strictly followed the corona rules, while others showed more of a negative attitude and questioned the extent of the corona crisis. What are your thoughts on this? Has your opinion or behavior changed after you infected yourself with the coronavirus?

C Occupational context

Please tell me about your current occupation and the collegial environment in which you work.

- I. Has your occupational situation changed due to health limitations following the corona infection? If so, what is different or new?
- II. How did you experience the period of the corona pandemic in your occupational environment?
- III. Do you have the possibility to implement home office and how did you manage this to the corona pandemic?
- IV. How did you experience your supervisors in dealing with the corona pandemic?
- V. How do you manage to combine your current health limitation with job requirements?

D Perception of healthcare in Germany / corona pandemic

- I. How do you experience the medical support or advice regarding your current health limitation?
- II. Do you know other people who have been infected with the coronavirus and have similar symptoms as you? Do you have any contact with these people?
- III. How do you currently feel about the federal and state governments in terms of dealing with the corona pandemic?
- IV. What has been your experience regarding education on vaccination for corona protection?

E Life perspective

- I. The corona crisis has been going on for over two years now. What has changed in your circle of friends during this time? What has remained the same?
- II. Do you feel that you can currently do the things that are important and meaningful to you?
- III. What strategy have you found for yourself to deal with your current health limitation?
- IV. Looking back at the time before you were infected with corona virus, would you behave differently looking back at your health limitations today?