



UNIVERSITY OF NAIROBI

## **HOUSEHOLD SURVEY 2016**

# AGRICULTURE AND DIETARY DIVERSITY IN AFRICA: AN APPLICATION OF RANDOMISED CONTROLLED TRIALS IN KISII AND NYAMIRA, KENYA.

Goettingen University-Germany, University of Nairobi-Kenya and Africa Harvest Biotech Foundation International (Africa Harvest) are carrying out a research on different aspects of agricultural development. We are currently doing a survey which aims to provide more understanding about farmers' production and marketing decisions, and nutrition and health status. Your participation in answering these questions is very much appreciated. Your responses will be **COMPLETELY CONFIDENTIAL** and will only be used for research purpose. If you indicate your voluntary consent by participating in this interview, may we begin?

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We are researchers from Göttingen University-Germany, University of Nairobi-Kenya and Africa Harvest Biotech Foundation International (Africa Harvest). We are conducting research that aims to improve the knowledge on agriculture-nutrition linkages in the African small farm sector. We are particularly interested in understanding the mechanisms through which farmers can effectively adopt agricultural technologies that may improve their nutrition and health. We are currently conducting the first round of the survey last year and now will do a follow-up round.

This informed consent is for smallholder farmers [like you] who belong to farmer groups and have engaged in farming activities during the last one year (October, 2015 to September, 2016). We are inviting you to participate in this research that mainly focuses on nutrition and health status of smallholder farmers in this area. We will ask you and some members of your household detailed questions on various topics related to agriculture, social networks, nutrition and health. We will also need to take measurements of the height and weight of selected adults and children below 5 years of age in your household. Your participation in this interview is entirely voluntary. Your responses will be treated with utmost confidentiality and the data will be used for research purposes only.

Do you have any questions that we need to clarify? [Make clarifications in case there are questions] If *No*, do you agree to take part in this survey, including the interviews and the measurements of adults and children?

If Yeslet the potential respondent write name and sign below

Name\_\_\_\_\_

Signature\_\_\_\_\_

## **MODULE 0 – HOUSEHOLD ID**

1	Household ID	8 County	12	First visit date
2	Group ID	9 Sub-County	1=I Spe	nterview completed 2= Interview partly completed 3= ocify
3	Date of interview	18 Ward	14	Enumerator Name
4	Start Time (24 Hr)	17 Division	13	Second visit date
5	End time (24 Hr)	10 Village	1=I Spe	nterview completed 2= Interview partly completed 3= ccify
6	HH head Full Name	11 GPS Coordinates	15	Enumerator Name 1
7	Cell phone number		16	Enumerator Name 2

## **TARGET PERSON: GROUP MEMBER OR HOUSEHOLD HEAD**

#### **Respondent MEMID:**

#### **MODULE 1: HOUSEHOLD DEMOGRAPHIC INFORMATION** (reference period between 1st Oct 2015 and 30th Sep 2016)

Household composition: Please list all household members (All those who are under the care of household head in terms of food and shelter provision, and those who normally live and eat their meals together), starting with the household head.

1	2	3	4	5	6	7	10	11	12	13	14
MEMID	Name of the HH member	Gender <i>M</i> = 1 <i>F</i> = 0	R/ship with HH head (Codes A)	Age in years	Years of formal education (Highest level attained)	Marital Status (Codes B)	# of months in the last 12 months [NAME] has been away from home	Main Occupation based on time spent (Codes D)	Household farm labour contribution (for those above 16 years of age in the upper category) (Codes E)	How many hours per day are dedicated to farm activities? (hr)	If you had a larger farm how many hours per day would be dedicated to farm acitivities?
			1						, , ,		
											ļ
<u>Code A</u> 1= Head 2=Spouse	6=Grandchildren 11=Sister/brother-in- 1=	ode B Married- onogamous	<u>Code D</u> 0= None 1= Farmi	ng (crop + 1	livestock)	5= Salaried e servant etc)	employment (civ	vil <u>Code E</u> 1= Part tim 2= Fulltim			

2=Spouse 3=Son/daughter 4=Father/mother 5=Sister/brother

law

8=Step children

9=Step parents

10 = Father/mother-in-16=Nephew/Niece 14 =Other relative

12 = House girl

13 =Farm labourer 3= Single 4= Divorced/separated 5= Widow/widower

2= Married polygamous

15= Other Unrelated

1 = Farming (crop + livestock)

2= Casual labour on-other farm 3= Casual labour off-farm

6=Student/school

77= Other (Specify)\_

4= Self-employed off-farm

2= Fulltime 3=Does not work on farm

# **MODULE 2: LAND HOLDING IN ACRES** (period between 1<sup>st</sup> Oct 2015 and 30<sup>th</sup> Sep 2016)

2.1. How much land do you own in acres?

2.2. How much of your total land is under homestead?

2.3. Do you have a title deed for your land? \_\_\_\_\_Yes=1 (all land), No=0 (no land), Partly=3

Land category		ort rain season Oct-Nov 2015)		ong rain season Mar-Apr 2016)
	Cultivated	Fallow	Cultivated	Fallow
1. Own land (A)				
2. Rented in (B)				
3. Rented out (C)				
4. Total irrigated land				

2.4. What is the average cost of renting land per acre (Ksh/per year)?

#### CODES FOR MODULE 3

#### Codes A

- 1 Maize 2 Rice
- 3 Sorghum
- 4 Millet
- 5 Cassava
- 6 KK 15 Beans
- 7 Other Field beans
- 8 Bananas
- 9 Cabbage
- 10 Cowpea
- 11 Groundnut
- 12 Soybean
- 13 Sweet potatoes
- 14 Orange Fleshed Sweet
- Potatoes (OFSP)
- 15 Black night shade
- 16 Sugarcane
- 17 Pineapple
- 18 Jute Mallow (Omutere)
- 19 Amaranthas leaves (Emboga)
- 20 Pumpkin leaves
- 21 Sukuma wiki (Kales)
- 22 Carrots
- 23 Passion Fruit
- 24 Irish potato
- 25 Bean leaves
- 26 Tea
- 27 Onion
- 29 Coffee
- 30 Napier grass
- 31 Avocado
- 32 Spider Plant
- 33 Vine Spinache
- 34 Pumpkin
- 35 Trees
- 36 Mangoes
- 37 Guava
- 38 Wheat
- 39 Paw Paw
- 40 Tomatoes
- 41 Loquat
- 42 Green grams

43 Tree Tomato Strawberry 44 45 Spring Onion 46 Desmodium 47 Spinach Arrow Roots 48 Green Peas 49 50 Physallis/Gooseberry 51 Corriander 52 Capsicum 53 Pepper 54 Grass 55 Butternut 56 Lemon 57 Beetroot 58 Cumcumber Water melon 59 60 Tree Seedlings 61 Raspberry 63 Pyrethrum Cowpea Leaves 64 77 Other 78 Other 79 Other

Codes B Codes C 0. Local Kilogram 1. 1. Improved 2. Litre 3. 90 Kg bag (40 Gorogoro) 2. Mixture 4. 50 Kg bag 5. 25 Kg bag 6. Gorogoro (2.25 kg) 7. Debe (18 kg/ 8 Gorogoro) 8. Wheelbarrow 9. Ox-cart Bunch (bananas) 10.

- Bunch (bananas)
   Piece/number
- 12. Not yet harvested (for perennials
- only)
- 13. Stools
- 14. Glass (250 gr)
- 15. Suckers
- 16. Bucket
- 17. Ml
- 18. Spoonful
- 19. 5 kg bag
- 20. 10 kg Bag
- 22. Yellow paper bag
- 23. Grams
- 24. Pick up
- 25. Trees
- 26. Green paper bag
- 27. Lines
- 28. Packet (250g)
- 29. Crates
- 30. Bundle
- 31. Handful
- 32. Cuttings
- 33. Vines
- 35. Lorry

- 36. Seeds
- 37. Bushes
- 38. 45kg bag
- 39. Bottle top
- 40. Seedlings
- 41. Tonne
- 42. 500 Ml glass
- 45. Cobs
- 46. Poles
- 47. Crop failure
- 48. Black paper bag
- 77 Other (specify)

# **MODULE 3: NON-LABOUR PURCHASED INPUT USE** (1<sup>st</sup> Oct 2015 and 30<sup>th</sup> Sep 2016 planting seasons, record separately by plots)

1	2	3	12	4	5		6			7		8		9			10		11	
Plot Code (Use alphabets in Cap)	Crop Grown	Land under crop	Intercro p (1=Yes;	Numbe r of trees	Crop variety		Seed		Fertiliser(planting) (Fill once for Oxen/ intercrops) tractor hire			Farm manure (Fill once for intercrops)			Р	esticides/h	Crop output			
in Cap)	A	(acre	0=No)		В	Qty	C units	Price /Unit	Qty	C Qty Units Pric		Cost Ksh	C Qty unit Price /ur		Price /unit	C Qty units Price /unit			C Qty Unit	
Short Rains		,				<b>C</b> 17							<b>C</b> -7			<b>Q</b> -5			<b>C</b> <sup>1</sup> <i>J</i>	
	KK 15 (6)																			
																				L
																				L
																				l
																				I
Long Rains			l																	
Long Kuns	KK 15 (6)				1							1	1				1			
Perennial Cro	ops																			
																				l

# CODES FOR MODULE 4 (period between 1<sup>st</sup> Oct 2015 and 30<sup>th</sup> Sep 2016)

Codes A	
1	Maize
2	Rice
3	Sorghum
4	Millet
5	Cassava
6	KK 15 Beans
7	Other Field beans
8	Bananas
9	Cabbage
10	Cowpea
11	Groundnut
12	Soybean
13	Sweet potatoes
14	Orange Fleshed Sweet
	Potatoes (OFSP)
15	Black night shade
16	Sugarcane
17	Pineapple
18	Jute Mallow (Omutere)
19	Amaranthas leaves
	(Emboga)
20	Pumpkin leaves
21	Sukuma wiki (Kales)
22	Carrots
23	Passion Fruit
24	Irish potato
25	Bean leaves
26	Tea
27	Onion
29	Coffee
30	Napier grass
31	Avocado
32	Spider Plant
33	Vine Spinache
34	Pumpkin
35	Trees
36	Mangoes
37	Guava
38	Wheat
39	Paw Paw
40	Tomatoes
41	Loquat
40	C

42 Green grams

43	Tree Tomato
44	Strawberry
45	Spring Onion
46	Desmodium
47	Spinach
48	Arrow Roots
49	Green Peas
50	Physallis/Gooseberry
51	Corriander
52	Capsicum
53	Pepper
54	Grass
55	Butternut
56	Lemon
57	Beetroot
58	Cumcumber
59	Water melon
60	Tree Seedlings
61	Raspberry
63	Pyrethrum
64	CowPea Leaves
77	Other

- 77 Other\_
- 78 Other\_ 79 Other\_
- \_\_\_\_\_

Codes C		36.	Seeds
1.	Kilogram	37.	Bushes
2.	Litre	38.	45kg bag
3.	90 Kg bag (40 Gorogoro)	39.	
4.	50 Kg bag	40.	1
5.	25 Kg bag	41.	U
6.	Gorogoro (2.25 kg)	42.	
7.	Debe (18 kg/ 8 Gorogoro)		Cobs
8.	Wheelbarrow		Poles
9.	Ox-cart	47.	Crop failure
	Bunch (bananas)		Black paper ba
	Piece/number	77	1 1
12.	Not yet harvested (for		
	perennials only)		
13.	Stools	Codes D	)
14.	Glass	1. Farm g	ate
15.	Suckers	2. Village	market
16.	Bucket	<ol><li>Main n</li></ol>	
17.	Ml		ion center
18.	Spoonful	77. Other	r (specify)
	5 kg bag		
20.	10 kg Bag	~	
	Yellow paper bag	Codes E	
23.	Grams	1. 2.	Own bicycle Bodaboda
24.	Pick up	2. 3.	Hired truck
25.	1	3. 4.	PSV
26.	Green paper bag	5.	Donkey/oxen
	Lines	6.	Walking
28.	Packet (250g)	7.	Own truck
29.	Crates	8.	Taxi
	Bundle	77	×1 /
31.	Handful	99.	NA
32.	Cuttings		
		Code F	

33. Vines 35. Lorry

- bag

#### Code F

- 1. Male household head
- 2. Female household head
- 3. Female spouse
- Joint decision 4.
- Male spouse 5.
- 77 Other (specify)\_

# **MODULE 4: CROP UTILIZATION** (in the period between 1<sup>st</sup> Oct 2015 and 30<sup>th</sup> Sep 2016)

1	2			3	4			5		6				8	9	11	10	12	13	14
Crop Code A (Aggregated crop)	Total Crop Output (Enter the total crop		op Output Consumption e total crop from the		sumption Saved as seed		Gift, tithe, donations, paid as wages		Stored		Quantity sold		Price		Point of most sales	Main Mode of transport	Travel time to the point of sale (minutes)	Who mostly decides revenue use?	Who mostly decides technology use e.g.	Who mostly decides how much of the total output is
	Qty	Unit C	Qty	Unit C	Qty	Unit C	Qty	Unit C	Qty	Unit C	Qty	Unit C	Ksh	Unit C	D	Е		F	variety F	consumed by the household? <b>F</b>
Short rain																				
KK 15 (6)																				
Long rain																				
KK 15 (6)																				
Perennial cro	р																			

4.1 How easily can you access the market for sale of your produce (crop and or livestock)? (*Circle the applicable*)1. Very easy 2. Easy 3.Difficult 4. Very difficult

4.2 Rank three most important market access constraints, if there exists any (*Prompt Codes G below*) 1.\_\_\_\_\_2.\_\_\_3.\_\_\_\_ *Codes G*:1. Poor infrastructure 2. Distant markets 3. Poor market prices 4. Cheating on quality standards/weighing scales 5.Lack of contracts or reliable buyers 6.Exploitative middlemen 77. Other (specify): \_\_\_\_\_\_

4.7 In the last one year did you order for: 1 KK15 (1.Yes; 0. No); 2. Kuroiler chicken (1.Yes; 0. No);

#### If the respondent is not growing KK 15 beans, skip to module 5

4.3 How easily can you market your KK15/beans? (Circle the applicable)

1. Very easy 2. Easy 3. Difficult 4. Very difficult

4.4 What is the MAIN REASON for your answer in 4.3 above (Circle the applicable)

 1. Distance to market
 2. Colour of beans
 3. Prices
 4. Yield
 5. Taste
 6. Pest and disease resistance
 7. Cooking quality
 8. Nutritional value

 77. Others (specify)\_\_\_\_\_\_
 -99 N/A
 -99 N/A
 5. Taste
 6. Pest and disease resistance
 7. Cooking quality
 8. Nutritional value

4.5 When did you first order the KK15 bean seed? Date \_\_\_\_\_ Month\_\_\_\_\_

4.6 When did you receive KK 15 seeds for the first order? Date\_\_\_\_\_ Month\_\_\_\_\_

#### MODULE 5: LABOUR INPUTS (01. Oct 2015 to 30. Sept 2016 planting seasons, record total man hours worked by plot)

1	2	3	4	5
Plot code	Plot size in acres	Plot manager (F=0, M=1; Joint=3)	Ploughing & harrowing Planting & thinning Applying (1 <sup>st</sup> and 2 <sup>nd</sup> ) Harvesting /Threshing/shelling/bagging Family	fertiliser, Pesticide application (1 <sup>st</sup> and 2 <sup>nd</sup> ) Weeding Hired
Short Rains				
А				
В				
С				
D				
Е				
F				
G				
Н				
Long Rains				
А				
В				
С				
D				
Е				
F				
G				
Н				

5.6 What is the average <u>daily wage rate</u> for men and women in this village? Men\_\_\_\_\_ Ksh/per day Women\_\_\_\_\_Ksh/per day

5.7 Given all the family labour (manual) available in your household, what is the maximum land size in acres that you could potentially cultivate and keep under livestock?

#### MODULE 6: VARIETY/BREED AWARENESS AND UP-TAKE

	1	2	3	14	4	15	5	6	7	8	9	10	11	12	13
	New breed/variety/technologies	Have you ever heard of this variety/breed? (1=Yes; 0=No) If No skip to the next technology	Main source of information on the new variety/breed? Codes A	How easily can you obtain information from <b>main source</b> ? <b>Code D</b>	Have you ever planted /kept this variety/breed? (1=Yes; 0=No) If NO, skip to 5	If yes, name the most important reason for adopting <b>Code E</b>	If No to Q4, what was the main reason? <b>Codes C</b> <i>Then Skip to Q10</i>	What was the <b>main</b> source of breed kept/variety planted that year? <b>Codes B</b>	Number of seasons the variety has been planted, <b>since first</b> planting?	Number of years /variety/breed has been planted/kept	If you did not plant this variety/keep breed in 2016 what was the main reason? <b>Codes C</b>	Will you plant the variety/ keep the breed in future? $(I=Yes;$ 0=No, 88=don't know) if Yes skip to Q12	What is the main reason? Codes C	Are you aware of the nutritional value of this variety or breed? (yes = 1, $No = 0$ )	If yes to Q12 what was the source of information? Code Code A
3	Kuroiler chicken														
4	Beans(KK15)														

Code A	Code B	Code C		Code D	Code E	
1= Farmer Coop/Union	1= NGO free ( <i>name</i> )	1= Seed not available	7=Poor taste	1=Very easy	1= Seed easily available	7= Good taste
2= Farmer group	2= NGO subsidy	2=Day old chicks not	8=Low yielding/lays fewer eggs	2= Easy	2= Day old chicks easily	8= High yielding/lays many
3= Extension staff/office	(specify)	available	9=Late maturing /longer	3=Difficult	available	eggs
4= Other farmers (neighbours/relative)	3= Extension staff demo plots	3=Lacked cash to buy	maturity period	4= Very	3= Availabiliy of cash to	9= Early maturing /shorter
5= Market (e.g. Agro vet/stockist)	4= Other farmers	seed/DOCs	10=Low market prices/demand	difficult	buy seed/DOCs	maturity period
6= Radio programs	5= Market (Agrovet/local	4= Lacked credit to	11=High input requirements		4= Availability of credit to	10= High market
7= Research centre (trials/demos)	trader/stockist)	buy seed/DOCs	12=Limited land to		buy seed/DOCs	prices/demand
(name	6= Farmer group/coop	5 = Prefer other	experiment/plant		5= Preference KK	11= Lower input requirements
8= NGO/CBO (name	7=Agricultural	varieties/breeds	13= Limited information		15/Kuroiler	12= Adequate land to
9= Health centre/Practitioner	association/training centre	6=Susceptible to	77= Other( <i>specify</i> )		6= Resistance to	experiment/plant
77= Other( <i>specify</i> )	77= Other( <i>specify</i>	diseases/pests			diseases/pests	13= Sufficient information
	)					14= Seed/DOC Subsidy
						77= Other( <i>specify</i> )

#### MODULE 7: VARIETY/BREED ATTRIBUTES, KNOWLEDGE & PERCEPTION

#### Instructions: Only ask the following questions to farmers who have ever heard or grown or kept the new technologies (listed below).

If Yes, ask for his/her perception of the performance of the technology (ies) against the listed attributes compared to his/her preferred local variety /breed. Please mark the respondent's response with a **tick** in the appropriate cells below. If No, skip to the next module.

	1			2				3	
			K	uroiler chicken			В	eans (KK15)	
	Do you know the attributes of the following technologies? $Yes=1 No=0$		_ If No Skip to	the next technology, attributes	IF Yes ask for the		_ If No Skip to t	he next technology, I attributes	F Yes ask for the
	Technology attributes	Better	Worse	No difference	Don't know	Better	Worse	No difference	Don't know
1	Early maturity								
2	Yield								
3	Pest and disease resistance								
4	Marketability (demand)								
5	Cost of planting materials								
6	Market price received								
7	Cost of day old chicks								
8	Taste								
9	Lays more eggs								

7.8 How easily can you market your Kuroiler chicken? (Circle the applicable)1. Very easy2. Easy3.Difficult4. Very difficult88. DNK

7.9 How easily can you market your Kuroiler eggs? (*Circle the applicable*)1. Very easy 2. Easy 3.Difficult 4. Very difficult 88. DNK

7.10 What is the MAIN REASON for your answer in 7.8 above (*Circle the applicable*)1.Early maturity2.Pest and disease resistance3.Maketability4.Market price received

5. Cost of day old chicks 6. Taste 7. Lay more eggs 77. Others (specify)

7.11 What is the **MAIN REASON** for your answer in 7.9 above (*Circle the applicable*) 1. Taste 2 Price 3. Size 4. Colour of the yolk -99 N/A -99 N/A

## MODULE8: LIVESTOCK PRODUCTION AND MARKETING

8.1 For the last 12 months (1st Oct 2015 and 30th Sep 2016), please give details of revenue and cost of livestock production?

(Please include all animals on the farm last year also those that were later sold or died) If no livestock is owned skip to next module)

	1	2a	2b	3a	3b	4a	4b	5a	5b	6	7	8	9	10	11	12	13
	Animal species	Stock beginnin per (01.Oct	ng of the	Cha	anges ove	er the yea	rs	Stock at t 30.Sep		Cash expe		etween 10/15 in Ksh	5 and 9/16	Who decides	Who decides revenue	Who decides technology use e.g.	Who mostly decides how much of the total output is consumed by
		(If 0, skip next)	to the		me nption	Sal	es				, and			sale?	use?	breed	the household?
		Unit	Ksh	Units	Ksh	Units	Ksh	Units	Ksh	Veterinary treatment	Feed	Hired labor	Others, specify:	В	В	В	В
1	Dairy cows/calves																
2	Cow/calves																
3	Goat																
4	Sheep																
5	Kuroiler/chicks																
6	Other chicken/chicks																
7	Donkeys																
8	Pigs																
9	Rabbits																
10	Ducks																
77																	
78																	

8.2 For the last 12 months (01. Oct 2015 to 30. Sep 2016), please give details of production and revenue of the following livestock products?

	1	2		3		4		8		5	6	7
		Quantity	produced	Quantity	sold	Quantity C	Consumed	Other, specify			Who decides	Who decides
	Animal product/services	Qty	Unit	Qty	Unit	Otx	Unit	Oty	Unit	Price per unit	sale?	revenue use?
		QU	Α	Qıy	Α	Qty	Α	Qty	Α		В	В
1	Milk											
6	Kuroiler Eggs											
2	Other Eggs											
7	Kuroiler Manure											
3	Manure											
4	Honey											
5	Hide											
77	Others specify											

Code A: 1=Kilogram, 2=Litre, 3=90 Kg bag, 4=50 Kg bag, 5=25 Kg bag, 6=Gorogoro, 7=Debe, 8=Wheelbarrow, 9=Ox-cart, 10=Bunch (bananas), 11=Piece/number, 50=Tray, 77=Other (specify)

**Code B:** 1=Male household head, 2= Female household head, 3=Female spouse, 4=Joint decision, 77= Others (specify)\_\_\_\_\_

## **MODULE 9: HOUSEHOLD ASSETS** (*Prompt for each item as listed below*)

9.1 As at September 2016, how many of the following items did the <u>household</u> own that are in usable/repairable condition?

To estimate the value ask the respondent how much they would be willing to buy the item in its current state if it were being sold to them

	ASSET	Total Quantity	Estimate total current		ASSET	Total Quantity	Estimate total current
			value of the asset(s) if				value of the asset(s) if
			you were to buy it in				you were to buy it in its
			its current state				current state
1	Tractor			2	Slasher		
3	Car/Van			4	Axe		
5	Pickup			6	Panga		
7	Motorcycle			8	Hoes/Jembes		
9	Bicycle			10	Spades/shovel		
11	Television			12	Chemical spray pump		
13	Radio			14	Treadle pump		
15	Mobile Phone			16	Powered water pump		
17	Refrigerator			18	Mosquito net		
19	Solar panels			20	Greenhouse		
21	Generator			22	Water tank		
23	Chaff cutter			24	Store for farm produce		
25	Ploughs for tractor			26	Lanterns		
27	Reaper			28	Main house		
29	Ox-plough			30	Wheelbarrow		
31	Cart			32	Computer/laptop		
33	Livestock Kraal			34	Biogas digesters		
35	Other(specify			36	Other(specify		
37				38			

## MODULE 11: OTHER SOURCES OF INCOME AND TRANSFER

## 11.1 Do you have off farm employment? \_\_\_\_\_\_ (*1=Yes; 0=No) If NO, skip to 11.2.*

Please promp	t the codes to make sure nothing is	forgotten			
1	2	3	4	5a	5b
MEMID	Type of Occupation	Average Number of days	Average Number of months	Earning	g per unit
WEWID	Α	worked per month $10/15 - 9/16$	worked per year $10/15 - 9/16$	Ksh	В

**Code** A: 1 = Agricultural labour (casual+permanent), 2 = Casual labour (non-agricultural), 3 = Salary (Permanent non-agricultural employment) **Code** B: 1 = Day, 2 = Month, 3 = Year, 4 = Lump sum, payment, 77 = Other, specify: \_\_\_\_\_

11.2	2 Do you have any other sources of income?	(1=Yes; 0=No) If NO, please probe and skip to 12.

	Please prompt the codes to make sur	e nothing	s is forgotten	
	1	2	3	4
	Categories	Code	Type of occupation	Amount /value received between Oct15/ Sept 16/ for small businesses ask for profit (+) losses (-)
1	Remittances/gifts/transfers/food aid	1		
2	Pension	2		
		1	Brick making	
		2	Carpentry	
		3	Construction	
		4	Grain mill	
3	Small business	5	Handicrafts	
		6	Beverage, local brew	
		7	Sales in shop, petty trade	
		8	Transport	
		77	Other, specify	
4	Sales of forest products	9	Sale of wood and charcoal	
4	Sales of forest products	10	Sale of wild nuts/fruits	
		11	Sale of crop residues	
		12	Leasing out land	
5	Other agric. Income	13	Renting out oxen for ploughing	
5	Other agric. Income	14	Hiring out machinery services to other farmers	
		15	Dividends (T-bills, bonds, shares)	
		16	Tea bonus	
6	Other	35	Betting	

#### **MODULE 12: NON-FOOD EXPENDITURE**

Consider the <u>last year (Oct 15 - Sept 16)</u> generally how much has your HH spent on the items listed in a typical year (see specification indicated for each item)?

		1	2
		Read out: Please exclude Business	How much did your household spend on
		Expenditures	[ITEM/SERVICE] during the last year
		Enter 88, if respondent does not know.	(Oct. 15 – Sept 16)?
		Emer 66, if respondent does not know.	Value in Khs
	1	Rent (housing)	
g	2	Personal care supplies	
foo	3	Clothes, shoes and bags, accessories	
Non-food	4	Detergent/washing powder	
Z	5	Electricity	
	6	Other non-food	
+	7	Fuel, maintenance, insurance, and tax	
Fransportation + communication	/	for motorbike/car	
atio	8	Public transport	
ort uni	9	Airtime (incl. MPESA)	
dsu	10	Other transportation, communication	
l'rai con	11		
E.	12		
-	13	School fees, books, Student's	
tion		dress/uniform, Tuition and rental fee	
Education	14	Other cost of schooling	
Edu	15		
	16		
	17	Medicine, doctor fees	
Health	18	Other health cost	
He	19		
	20		
	21	Celebration and funeral cost	
	22	Recreation and entertainment	
	23	Contributions (eg. Church, groups)	
-	24	Tobacco (incl. snuff and miraa)	
Social	25	Insurance (eg. Car, life, health)	
Ň	26	Remittances transferred to other HH	
	27	Other social cost	
	28		
	29		

#### **MODULE 13: INFORMATION ON CREDIT ACCESS**

- 13.1 Could you obtain credit if you needed it for the purpose of operational agricultural expenses (e.g. buying fertilizer paying for labour etc.)?  $\_\_\_\_\_I=Yes, 0=No$
- 13.2 During the last *12 months* (*Oct15 to Sep16*), have you or any other household member received any credit to buy inputs, or received inputs on credit?\_\_\_\_\_\_1=Yes, 0=No
- 13.4 How much went into purchasing inputs? (\_\_\_\_\_\_) (Include the value of inputs if inputs are provided on credit)

#### MODULE 15: ACCESS TO SOCIOECONOMIC INFRASTRUCTURE

1		2	3
	Social facilities	Distance to the nearest (km)	Most frequently used means of transportation to the facility (Use codes A below)
1.	Murram road		
2.	Tarmac road		
3.	Village market		
4.	Main Agricultural input market		
5.	Main agricultural product market		
6.	Health centre		
	Agric. Extension agent		

#### **Code A: Means of transport Codes**

1= Bicycle; 2= Motorbike; 3= Car; 4= Walk;

77= Others, (specify) \_\_\_\_\_

## MODULE 17: SHOCKS EXPERIENCENCED BY THE HOUSEHOLD

	1	2	3	4
	Please answer the following questions accordingly	Did you experience [NAME OF SHOCK] in the last 12 month? 1=Yes, 0=No If No Skip to the next shock	If yes, how many times has it occurred?	What was the intensity of the last shock to this household? 1= Severe 2= Moderate 3= Mild
	Climatic shocks			
1	Drought			
2	Floods			
3	Frosts			
4	Hailstorm			
	Biological shocks			
5	Pests or diseases that affected crops before harvest			
6	Pests or diseases that led to storage losses			
14	Loss of livestock			
	Economic shocks			
7	Large increase in agricultural input prices			
8	Large decrease in agricultural output prices			
9	Large increase in food prices			
	Other shocks			
10	Loss of family member			
11	Job loss			
12	Acute illness			
77	Other, specify			

# **TARGET PERSON: GROUP MEMBER**

## Respondent MEMID: \_\_\_\_\_

## MODULE 18: SOCIAL CAPITAL ENDOWMENT

1	2	with the sampled 3	4	8	9	10		11
1	Group Type A	Please name the most important group function <b>B</b>	Year joined	Participation in meetings i the reference period (Oct 15/Sep16) D	A Your n own role e in the	Did the grou any agrict training du reference (Oct15/So Yes= 1; N	p receive ultural ring the period ept16)	Who offered the training? AH= 1; Other= 0, AH+other= 2, DNK= 88
in case sampled group was not 8.9 Are you still a member of the s 8.10 If no: Please shortly explain v	sampled	group (NAME)	?	(Yes	= 1; No= 0)	-	18.2.	
ot informed, 77= Other, specify: _		, -99=	N/A)				Extension oj	e single training fficer, 4= He wo
ession (time and place)? tot informed, 77= Other, specify: 8.2. Do you personally exchange in 8.6 Do you hold any of the other for (0=No, 1= Village chief,	nformati	, -99= ion with the loca g positions:	N/A) l authoritie	es/gov't agencies	? (1= `	Yes; 0= No)	Multiple ar	fficer, 4= He wo
not informed, 77= Other, specify: 8.2. Do you personally exchange in 8.6 Do you hold any of the other for	nformati ollowing ; 2= Vill	, -99= ion with the loca g positions: lage elder, 3= N	N/A) l authoritie	es/gov't agencies	? (1= ` eader, 77= Oth	Yes; 0= No)	Multiple ar	fficer, 4= He wo
<ul> <li>not informed, 77= Other, specify:</li> <li>8.2. Do you personally exchange in</li> <li>8.6 Do you hold any of the other for</li> <li>(0=No, 1= Village chief,</li> </ul>	nformation of the normalized for the normalized statement of the normalized statement	, -99= ion with the loca g positions: lage elder, 3= Ny nentioned positio	N/A) l authoritie yumbakum ons (1=Yes	es/gov't agencies	? (1= `  eader, 77= Oth	Yes; 0= No) ( ner	Multiple ar	fficer, 4= He wo
<ul> <li>and informed, 77= Other, specify:</li></ul>	nformation of the normalized for the normalized statement of the normalized statement	, -99= ion with the loca g positions: lage elder, 3= Ny nentioned position a. Position	N/A) l authoritic yumbakum ons (1=Yes :	es/gov't agencies <i>i, 4= Religious l</i> <i>;; 0=No)</i> (Code 18.6) R (Code 18.6) R	? (1= ` eader, 77= Oth elative	Yes; 0= No) ( F	Multiple ar	fficer, 4= He wo

18.12 Please cross the correct answer:

1= Disagree strongly, 2= Disagree a little, 3= Neither agree nor disagree, 4= Agree a little, 5= Agree strongly, 6= Don't know

I see r	nyself as someone who	1	2	3	4	5	6
1	finds it important to help the people nearby, to care for their wellbeing						
2	Is reserved						
3	is generally trusting						
4	finds it important to think up new ideas and be creative, to do things on my own way						
5	who's happiness depends on people around myself						
6	is outgoing/social						
7	tends to find fault with others						
8	finds it important to maintain harmony within ones group						
9	would always sacrifices one's self interest for the group						
10	would stay in a group if they needed me, even if I were not happy with the group						

## **MODULE 14: COMMUNITY OUTREACH METHODS**

14.1 How many visits or contacts with extension agents did you have during the last one year (Oct/2015 to Sep/2016)

1= Government extension\_\_\_\_\_ 2=NGO \_\_\_\_\_ 3=Private\_\_\_\_\_

#### If NO/ZERO to all in 14.1, skip to 14.7

14.2 State the <u>most important</u> type of agricultural information that you sought/received from the extension agent in the period between Oct 2015 and Sep 2016 (*use codes B below*)

1= Government extension	2=NGO	3=Private
Code B		
1. New crop varieties/breeds	1	10. Safe use of pesticides
2. Agric. credit/insurance	]	1. Adaptation to climate change
3. Field pest and disease control	]	12. Postharvest handling
4. Input quality	1	13. Collective action/farmer organization
5. Input availability	1	14. Livestock production
6. Input markets and prices	1	15. Tree planting
7. Output markets and prices	-	77. Other
8. Soil and water management	~	78. Other
9. Crop rotation/ Minimum tillage		
14.3 In general, how would you rate your sati 1= Government extension		on that you received? ( <i>Use codes C below</i> ) 3=Private

#### Code C

1=Very unsatisfied

2 =Unsatisfied

3=Satisfied

4=Very satisfied

#### 14.7 Characteristics of the extension officers

# Section 14.7 is <u>applicable only</u> if the respondent received training from Africa Harvest (see section 18.1 question 11 above)

14.8 I would like to know the gender of the officer who conducted trainings in your group \_\_\_\_\_ *l=Male*, *0=Female* 

14.9 What training did you attend? (Please circle all applicable)

[1] Agriculture [2] Nutrition [3] Marketing [99] None

#### If NONE, please skip to 19.

14.10 What training session did you find most important? (Please circle one)

[1] KK 15 husbandry [2] Kuroiler husbandry [3] KK 15 post harvest management [4] Kuroiler health management [5] KK 15 marketing

[6] Kuroiler marketing [7] Malnutrition [8] Balanced diet [9] Food Safety

14.11 Could you please rate the officer with regard to:

• •			
		1	2
			Could you please rate the officer with regard to:
		Aspect	(1= Poor, 2=Fair, 3=Good, 4=Excellent)
s	1	Integration with farmers	
ion	2	Influence in adopting the technologies	
Human Relations	3	Display of understanding of farmers situations	
]	4	Keeping promises	
	5	Clarity of concepts	
s	6	Detailed in delivering their message	
ikil	7	Encouragement of exchange of experiences during training	
s uc	8	Use of feedback systems	
atic	9	Provision of follow-up sessions	
nic	10	Encouragement of questions and enquires	
Comunication skills	11	Good listening skills	
ŭ	12	Provision of relevant response to questions	
	13	Use of communication aids e.g. flip charts	
	14	Use of appropriate languages to enhance understanding	
Ice	15	Frequency of farm visit	
Role performance	16	Availability to farmers	
for	17	Knowledge of nutrition enhancing technologies	
per	18	Knowledge of good farming practises	
ole ]	19	Encouragement of farmers to share information with others	
Rc	20	Time management	

## **MODULE 19: SOCIAL NETWORKS**

Code A			
1	Parent	11	Brother/Sister-in
			law
2	Spouse	12	Other relative
3	Child	13	Neighbour
4	Brother/sister	14	Friend
5	Grandparent	15	Fellow villager
6	Grandchild	16	Attend same
			church/mosque
7	Nephew/Nice	17	Business
			colleague
8	Uncle/Aunt	77	Other, specify
9	Cousin		

**10** Mother/father in low

19.1. Genera	al information about e	ach group memb	er						
1	2	3	4	5	6	7	8	9	32
MEM ID	Name of the group member	Do you know NAME? (1=Yes; 0=No), (- 99=N/A)	Please specify your relations hip to NAME <b>A</b>	Is NAME' s plot borderin g yours? (1=Yes ; 0=No)	Do you know the kind of crops NAME grows? (1=Yes ;	Do you know the kind of livestoc k NAME keeps? (1=Yes	Did you lend or borrow any of the following production means from NAME between Oct15 and Sept16? 0=no 1=lend 2=borrow 3=lend &borrow		Do you exchange / share food items? (1=Yes; 0=No)
					0=No)	; 0=No)	Seeds	Agric. Produce	
		1							
		2							
		3							
		4							
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
		13							
		14				-			
		15							
		16							
		17 18							
		18							
		19 20							
		20 21							
		21 22							
		22							
		24							
		25							
		26						1	
		27						1	
		28							
		29			1				
		30							
		31						1	
		32							
		33							
		34							
		35							
		36							
		37							
		38							
		39							
		40							

19.1. Genera		each group member				
1	2	10	11	12	16	13
MEM ID	Name of Group Member	If you suddenly needed money, would you ask NAME to lend it to you? (1=Yes; 0=No),	Inside of this group: who are the farmers who would adopt new cropping	Inside of this group: who are the farmers who would adopt new livestock technologies <u>first</u> ? <i>Please mark with X</i>	Have you visited NAME between Oct15/Sep16 ? ( <i>1=Yes;0=No</i>	Have you talked to NAME between Oct15/Sep16? ( <i>1=Yes; 0=No</i> ), if no cross name out and skip to next person
			technologies <u>first</u> ? <i>Please</i> <i>mark with</i> <i>X</i>		)	
		1				
		2				
		3				
		4				
		5				
		6				
		7				
		8				
		9				
		10				
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		18 19				
		20				
		20 21				
		22				
		23				
		23				
		25				
		26				
	+	27				
	1	28	+			
		29				
		30				
	1	31	1			
	1	32				
		33				
		34				
		35				
		36				
		37				
		38				
		39				
		40				

#### Code A

Code A	
1	Very often
2	Often
3	Sometimes
4	Rarely

#### Code C

- 1
- Preparation of meals Choice of products Nutritional state of children 2 3
- 4
- 5
- Quantity of food Composition of meals Content of nutrition training 6
- 7 Balanced diet77 Other, specify\_ \_\_\_\_\_

19.1.	Specific interaction within the	e farmer group	(remind responden	t of nutrition d	efinition)		
1	2	14	17	18	19	23	24
ME M ID	Name of the Group Member	How often did you talk with NAME between Oct15/Sep1 6? <b>A</b>	Did you share information on nutrition with NAME? (1=Yes;0=No) If no skip to 19	Name the specific nutrition topic you mostly talked about with NAME C	Did you share information on agriculture with NAME between Oct15/Sept16? ( <i>I=Yes</i> ; <i>0=No</i> ), <i>if no, skip to</i> <i>next person</i>	Did you share information on Kuroiler chicken with NAME? ( <i>I=Yes</i> ; <i>0=No</i> )	Did you share information on beans (KK 15) with NAME? ( <i>I=Yes; 0=No</i> )
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13 14							
14							
15							
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18							
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26							
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29							
30							
31							
32							
33							
34							
35							
36 37							
37							
38 39							
40							
40							

## PLEASE USE THE 8 DIGIT MEMID (SEE GROUPLIST)

25. Who do you think is the most informed person among the group members concerning nutrition information?

34. Do you like this approach or would you prefer that all group members should be able to participate in the training? 1=only 3 persons, 2= all group members

35. Now imageine the same situation, but the organization offers nutrition training to your group.

However, the NGO will only train 3 persons of your group, Who do you think are the 3 most suitable persons of your group for this purpose?

MEMID\_\_\_\_\_ MEMID\_\_\_\_\_ MEMID\_\_\_\_\_

36. Do you like this approach or would you prefer that all group members should be able to participate in the training? \_\_\_\_\_1=only 3 persons, 2= all group member

#### **19.2. SPECIFIC INTERACTIONS OUTSIDE THIS COMMON INTEREST GROUP**

19.2.1 Please name the persons outside of your of	common interest grou	p you most frequently exchange	ed information about nutri	tion between Oct15/Sept16. Please name	ea
maximum of 5 persons: OUT ID 40	OUT ID <u>40</u>	OUT ID <u>40</u>	OUT ID <u>40</u>	OUT ID <u>40</u>	
19.2.2 Please name the persons outside of your of	common interest grou	p you most frequently exchange	ed information about agric	ulture between Oct15/Sept16. Please nat	me a
maximum of 5 persons: OUT ID 40	OUT ID <u>40</u>	OUT ID <u>40</u>	OUT ID <u>40</u>	OUT ID <u>40</u>	

ID Sec	tion									
1	2	2		3	4	6	9	10	12	11
OUT I	D N	Name		NAME's gender Male=1, female=0	Please specify your relationship to NAME <b>A</b>	How often did you talk with NAME between Oct15/Sep16? <b>B</b>	Did you lend or borrow any of the following production means from NAME between         Oct15 and Sept16?         0=no         1=lend         2=borrow         3=lend & borrow         Seeds       Agric. Produce		Do you exchange/ share food items? (1=Yes; 0=No)	If you suddenly needed money, would you ask NAME to lend it to you? ( <i>I=Yes; 0=No</i> )
40							beeus			
40										
40										
40										
40										
40										
40										
40										
40										
40										
12. W	/ho do vou th	hink is th	e most informed persor	among the	ones named co	ncerning <b>nut</b>	<b>rition</b> informatio	on? 40		OUT ID
			e most informed persor	-		-				OUT ID
Code									Cod	
1	Parent	6	Grandchild	11	Brother/Siste			tend same church/mosque	1	Very often
2	Spouse	7	Nephew/Nice	12	Other relative	e		isiness colleague	2	Often
3	Child	8	Uncle/Aunt	13	Neighbour		<b>77</b> Ot	her, specify	3	Sometimes
4	Brother/sister	-	Cousin	14	Friend				4	Rarely
5	Grandparent	10	Mother/father in low	15	Fellow villag	ger				

## TARGET PERSON: PERSON RESPONSIBLE FOR FOOD PREPARATION

## MODULE 20: HOUSEHOLD FOOD CONSUMPTION – FOR THE LAST 7 DAYS

#### Respondent MEMID: \_\_\_\_\_

20.0 Firstly, we would like to ask the following four questions before we continue to ask you about your household food consumption.

	(Please enter the MEMID, if decision was jointly please enter both MEMID)	MEMID	MEMID
1	Who is mainly responsible for the food preparation in the household?		
2	Who is mainly responsible for food purchase in the household?		
3	Who is the main decision maker on food expenditure in the household?		
4	Who is the main decision maker on non-food expenditure in the household?		

Now we would like to ask about food consumption in the past seven days. Indicate how much of the following food items your household consumed, the prices in Ksh and the source of its origin (This is for all food consumed in the household, by all the people listed on demographic table in Module 1. INCLUDE food prepared at home but eaten outside. EXCLUDE meals prepared outside the home).

Ask how many people were present in the last 7 days? Please note down the number of household members in the following table. Please differentiate between female, male and children, as well as household members and visiting members. Fill in NA if a food item was not consumed in the last 7 days.

5 6		6         7         8         9         10		11	12				
	Househol	d members		Visiting members					
Adults		Chil	dren	Adult	S	Ch	ildren		
Male Female		Male	Female	Male	Female	Male	Female		

 19. During the last 7 days did you have any special day (tea guests, chama, burial, wedding etc.), where you cooked more food than usual? (1=Yes, 0=No)

 19.1 If yes to question 19, please specify (list number of people (adult/children)):

 Number of days:

	14	15	16	17	17a	17b	17c	18		14
		How		Sou	rce ( <i>reco</i>	rd quan	tities)			
	Food Items consumed in the past 7 DAYS	much in total did your househol d consume during the last 7 days?	Unit of quantiti es consum ed (Use codes above A)	Own produ ction	Purch ased	Gift	Other, specify	Averag e price per purcha sed <u>unit</u> <u>Ksh</u>		Food Items consumed in the past 7 DAYS
1	Staple foods								33	Carrot
2	Maize green								34	Cow pea leaves
3	Maize grain								35	Cucumber
4	Maize flour								36	Eggplant
5	Yam Tuber								203	Ginger
6	Yam flour								37	Jute mallow
7	Cassava Tuber								57	(Omotere)
8	Cassava flour								38	Kales (Sukuma)
9	Orange fleshed sweet								39	Mushrooms
-	potato								40	Okra
10	Other sweet potato								41	Onion
11	Irish potato								42	Pepper/Capsicum
12	Irish potato chips									(Hoho)
13	Arrowroots								204	Chili/Pepper
14	Sorghum grain								43	Pumpkin
15	Sorghum Flour								44	Pumpkin leaves
16	Millet grain									(Risosa) Spider plant
17	Millet flour								45	(Chinsaga)
18	Brown rice								46	Spinach
19	White rice								40	Stinging nettle (rise
20	Wheat grain								47	Sweet potato leaves
21	Wheat flour brown Wheat flour white								40	Tomato
22										Vine spinache
23	Cooking banana								50	(Enerema)
24 25	Other staple foods								51	Other vegetables
23 26									52	other vegetubles
20									53	
27	Vegetables								54	
	Amaranth leaves								55	Nuts and Pulses
29	(Emboga)								200	KK 15 (fresh+dry)
20	Black night shade								56	Beans dry
30	(Rinagu)								57	Beans fresh
31	Butternut								58	Black Bean
32	Cabbage								59	Cashew nut

						1	15	
	14	15	16	17	17a	17b	17c	18
	Food Items consumed in the past 7 DAYS	How much in total did your househol d consume during the last 7 days?	Unit of quantiti es consum ed (Use codes above A)	Own produ ction	rce (reco Purch ased	rd quan Gift	tities) Other, specify	Averag e price per purcha sed <u>unit</u> <u>Ksh</u>
33	Carrot							
34	Cow pea leaves							
35	Cucumber							
36	Eggplant							
203	Ginger							
37	Jute mallow (Omotere)							
38	Kales (Sukuma)							
39	Mushrooms							
40	Okra							
41	Onion							
42	Pepper/Capsicum (Hoho)							
204	Chili/Pepper							
43	Pumpkin							
44	Pumpkin leaves (Risosa)							
45	Spider plant (Chinsaga)							
46	Spinach							
47	Stinging nettle (rise)							
48	Sweet potato leaves							
49	Tomato							
50	Vine spinache (Enerema)							
51	Other vegetables							
52								
53								
54								
55	Nuts and Pulses							
200	KK 15 (fresh+dry)							
56	Beans dry							
57	Beans fresh					l		
58	Black Bean							
59	Cashew nut							

C	ode A	3	Teaspoon	6	Kg	9	10 kg bag	12	90 kg bag	16	Piece/Counts	19	1 kg tin	25	Pint (500 ml)	33	Black Paper Bag	77	Others Specify
1	Liter	4	Tablespoon	7	Gram	10	25 kg bag	13	Debe	17	¼ kg tin	21	Bundles	26	Gorogoro	34	Green Paper Bag	78	Others Specify
2	Milliliter	5	Serving spoon	8	5 kg bag	11	50 kg bag	14	Bunch	18	½ kg tin	22	Handful	31	Cob	40	Stick	79	Others Specify

	14	15	16	17	17a	17b	17c	18		14	15	16	17	17a	17b	17c	18
-		How		Sou	irce ( <i>reco</i>	rd quan	tities)				How		Sou	rce (reco	rd quan	tities)	
	Food Items consumed in the past 7 DAYS	much in total did your househol d consume during the last 7 days?	Unit of quantiti es consum ed (Use codes above A)	Own produ ction	Purch ased	Gift	Other, specify	Averag e price per purcha sed <u>unit</u> <u>Ksh</u>		Food Items consumed in the past 7 DAYS	much in total did your househol d consume during the last 7 days?	Unit of quantiti es consum ed (Use codes above A)	Own produ ction	Purch ased	Gift	Other, specify	Averag e price per purcha sed <u>unit</u> <u>Ksh</u>
60	Green grams								93	Bush meat (Game							
61	Groundnut (boild)									meat)							
62	Groundnut (roasted)								201	Kuroiler Chicken							
63	Lentils								94	Chicken							
	Peas (incl cowpea								95	Chicken sausage							
64	(Egesare), pigeon								96	Cow meat							
	peas, green peas)								202	Kuroiler Eggs							
65	Sesame seeds								202	(pieces)							
66	Soya meat								97	Eggs (pieces)							
67	Soybean								98	Fish							
68	Soybean flour								99	Goat/ Sheep meat							
69	Other pulses and nuts	5							100	Liver (from any							
70	•								100	animal)							
71									101	Offal's (matumbo)							
72									102	Pork							1
73	Fruits								103	Sardine (dagaa)							
74	Apple								104	Termites							
75	Avocado								105	Turkey (batamzinga)							
76	Coconut								106	Other meats							
77	Guava								107	other means							
78	Melon								107								
79	Orange								100								
80	Passion fruit								110	Dairy products							
81	Physalis/goose berry							<u> </u>	110	Cheese	1						
81	Pineapple								112	Ice cream		-					-
	Ripe bananas								112	Milk (cow/goat milk)		-					-
83	1								113	Powdered milk							
84	Ripe mango																
85	Ripe pawpaw							<u> </u>	115	Sour milk (mala)							
86	Sugar cane								116	Yoghurt	I						
87	Other fruits								117	Other dairy product	1						
88									118								
89									119			ļ					
90									120								
91	Meat and animal Pro	ducts							121	Beverages							
92	Beef sausage								122	Cocoa powder							
	ode A 3 Teaspo	on 6	Kσ	9 10 kg	bag	12 90	kg bag 1	6 Piece/Counts	19 1	kg tin 25 Pint (500 m	nl) 33 Bl	ack Paper Bag	g 77	Others S	Specify	1	20
1	Liter 4 Tablesp	boon 7		$\frac{10 \text{ kg}}{10}$		12 90 13 De		$7 \frac{1}{4} \text{ kg tin}$		undles 26 Gorogoro		reen Paper Bag		Others S		1	32
2	Milliliter 5 Serving			10 23 kg				$\frac{7}{8} \frac{1}{2} \text{ kg tin}$		andful 31 Cob	40 Sti		70	Others S		1	
<u> </u>	o serving	, <u>r</u>			00				· ~		.0 50		. /		1	1	

		1							1				1					1				
	14	15	16		17 17		17b	17c		18				1	4	15		16	17	17a	17b	17c
		How			Source (r	ecord	l quantitie	es)							]	How			So	arce ( <i>reco</i>	ord quan	tities)
	Food Items consumed in the past 7 DAYS	much in total did your househo d consum during the last days?	Unit of quantit es consum ed (Use codes	0 pr ct	Dwn Podu Pur ion ase		1-1++	Other, pecify	e p per pu sec	erag rice rcha <u>unit</u> <u>h</u>			cons	d Iten sumed 7 DA	ns y l in the Q YS Q t	much total o your house d consu durin the la days?	lid hol me g st 7	Unit of quantiti es consum ed (Use codes above A)	Own produ ction	Purch ased	Gift	Other, specify
123	Coffee (powder)											153	Sna	cks (B	ought ones, do	on't a	ccou	nt into flour	·)			
124	Drinking chocolate											154										
125	Milo powder											155	6 Bisc	uit/co	okies							
126	Soya powder											156	i Popo	corn								
127	Tea (leaves)											157	' Cake	es								
128	Other beverages											158										
129											-	159		er sna	acks							
130												160										
131	Drinks										-	161										
132	Apple juice										-	162		ar and	l sweets							
132	Bottled beer										-	163			I SWEELS							
134	Local beer										-	164		colate								
135	Orange juice										-	165										
135	Pineapple juice	1		-							-	166										
	Other juice	1		-							-	167			ar and sweets							
137	(concentrates)											168	;	ci sug	ar and sweets							
138	Soft drinks											169										
	(coke/fanta/etc)										_	170		and O								
139	Wine			_								171		nal fat	t							
140	Other drinks											172										
141	Water (Drinking)								_			173										
142												174		undnu								
143	Condiments and spic	es										175		garine								
144	Salt											176	5 Sunf	flower	Oil							
145	Curry (Powder											177	Veg	etable	Oil							
146	Ginger (tangawizi;											178	8 Veg	etable	s Fat							
140	Powder)										Γ	179		er oil								
147	Ketchup, Tomato											180										
17/	sauce										Γ	181										
148	Black Pepper										-											
	(Powder)	L																				
149	Other Condiments an	nd spices																				
150																						
151																						
152																						
Co	ode A 3 Teaspo	on 6	Kg	9	10 kg bag	12	2 90 kg b	ag 10	6 P	ece/Counts	3	19	1 kg tin	25	Pint (500 ml)	33	Bla	ack Paper Bag	77	Others S	pecify	1
1	Liter 4 Tablesp	boon 7			25 kg bag	13		1		kg tin	1		Bundles		Gorogoro	34		een Paper Bag		Others S	pecify	
2					50 kg bag	14				kg tin			Handful		Cob	40			79			1

18

Averag e price per

purcha sed <u>unit</u> <u>Ksh</u>...

## TARGET PERSON: Mother or caretaker of child between the age of six to 59 months

## MODULE 21: CHILD QUESTIONNAIRE – ONLY ONE CHILD WILL BE CONSIDERED

#### Respondent MEMID: \_\_\_\_\_

Please only ask this section to households that have children **under the age of 5 years**. Check first and probe if you are not sure! Ask the following questions to the person who is mainly responsible for the child care, e.g. mother, father, grandmother etc.)

If **NO** Child under 5 years is living in the household, please go to the next Module 22. If more than one child is under the age of 5 years, please choose the child of the group member. If not applicable choose child where respondent is available. If there is more than one child in the age range please choose randomly.

1	2	3a	3b	3c	4	5	6
MEMID of	Name	Date of B	irth		Age in	Health card present?	Which relationship to Child do you have?
child		1	eck with bir	th card;	month	(No=0, Yes=1)	(Respondent of this section, insert code
		don't know=88)			_		below)
		Day	Month	Year			Code A

#### Code A

- 1 Father
- 2 Mother
- 3 Grandmother/grandfather
- 4 Sister/brother
- 5 Aunt/uncle

- 6 Stepfather/stepmother
- 7 Cousin
- 8 Remote relative
- 9 Care taker
- 77 Others, specify\_\_\_\_

#### PART 1: CHILD ANTHROPOMETRIC

In this section we would like to take the height, weight and mid-upper arm circumferences of your child. We will do this twice by two different enumerators to make sure to get the right weight and height.

1	1a	2	2a	3	3a	3b
Weig	,ht (kg)	Height (c	cm)	Ν	IUAC (mea	sure tape)
Data	Data	Data	Data	Data	Data	Data

#### **PART 2: CHILD HEALTH SECTION**

Please ask the parent/caretaker of the child the following questions.

1	Where did you give birth to this child? <b>A</b>					
2	Was the child a single or a multiple birth? <i>Single = 0, Twin</i> =	= 1, Triple=3, Other, specify=77				
3	What is the child's birth order e.g. was child born 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	, etc.?				
4	<ul> <li>Please record here, if the child received the following vaccin <i>(insert 0 if they did not receive, "1" if they did &amp; have card,</i></li> <li>a Measles (at 9 month)</li> <li>b Polio (OPV – at birth, 6wk, 10 wk and 14 wk)</li> </ul>	and a "2" if the mother says the child recei c BCG (against tuberculosis) – a		4 wk)		
	Has <b>the selected</b> child suffered from any of the following ill	nesses/symptoms in the <i>last 14 days</i> ? Indic	ate for how long days			
F	a Diarrhea d Fever	g Blindness	j Mouth problems			
5	b Measles e Fatigue/lethargy	h Skin diseases	k Eye disease			
	c Anaemia f Respiratory illness	i Pneumonia	l Others, specify			
6	In the last year (1st Oct 2015 to 30th Sep 2016) did the child If YES, indicate for how long days;		lements or medical treatments (pills, liquids or supplement	nted food)?		
0	a Vitamin A (red/blue) b Iron	c Iodine	d Zinc (OLS)			
7	Has [considered child] ever been breastfed? No=0, Yes=1, I	Don't Know=88				
8	Was [considered child] given anything to drink or eat BEFO	ORE the first breastfeed? No=0, Yes=1, Don	i't Know=88			
9	Is child still being <b>breastfed?</b> No=0, Yes=1, Don't Know=8	3				
10	If the child is not breastfed anymore, at what age (in month)	was breastfeeding stopped? (please record	age in month)			
11	At what age was [considered child] given <b>other food</b> apart for <i>Please verify by asking other household members; please red</i>		child does not take food yet =99			
12	What do you think is the recommended period of exclusive b	reastfeeding? Define exclusive breastfeeding	g, if unsure, fill in 88 – <b>Record Number of month</b>			
13	Which health problems or disease do you think are associated	with not evelucively breastfeeding? $(M_{\alpha})$	vinum 3 options) R	а	b	с
15	which hearth problems of disease up you think are associated	a with not exclusively breastreeding? (Ma	Amum 5 options) <b>B</b>			

#### Code A

- 1 Health facility
- 2 Home
- En route to facility 3
- Private hospital 4
- 6 Outside of home (e.g. in the field)
- At another home (e.g. relative, neighbor) 7
- Government hospital 8
- 77 Other, specify\_
- 88 Do not Know

- Code B
- 1 Death
- 2 Low weight for height 3 Low height for age
- 4 Low weight
- 5 Stomach ache
- 6 Delayed achievement of development milestones (smiling, grabbing, etc)

10

7

8

9

Diarrhoea

Weakness

Obesity

Low immunity

- Other, specify\_\_\_ 77
- 99 None
- 88 DNK

#### PART 3 Child: Dietary Recall from YESTERDAY (24hr DR) → INDICATE ONLY FOOD ITEMS CHILD MEMID: \_\_\_\_\_\_

Now I would like to ask you about everything (including snacks) that (CHILD) ate yesterday during the day or night, whether at home or outside of the home. *Continue through the day, until respondent indicates child went to sleep until the next day. If respondent mentions a mixed dish like a porridge, relish or stew, ask about all ingredients that went into the dish, including added oil, sugar or condiments. Probe for drinks & fruits.* 

1 Which d	lay of	the weel	k doe	s thi	s record represent?	Α										
		al day? Y						13.	If NC	), please sj	pecify	/:				
3	4	-	5		6	7	·	8		9	10		11		12	
Main Dish	Qu	antity	Un -D		How was the <b>dish</b> prepared- <b>C</b>	1	ngredients	Qu	antity	Unit -D		rce of redients <b>B</b>	ate fr	f People om the Dish		ere was the l consumed?
Breakfast										- I	г Г				-	
Snack	1		1		[			[			r				1	
Lunch																
Lunch															T	
Snack																
Shuch															1	
Dinner																
											Ĺ					
Snack	1		1			-					1					
	<u> </u>		<u> </u>								<u> </u>					
			Γ	Co	de B	4	Rain Water		Cod	e C	5	Cooked	Co	de E	5	Market
Code A	4	Thursda	y	1	Own production	5	Spring Wate	er	1	Raw	6	Fried	1	Home	6	School
1 Monday	5	Friday		2	Purchased	6	Well		2	Dried	7	Roasted	2	Hotel	7	Ceremony
2 Tuesday 3 Wednesday	6 7	Saturda Sunday	у	3	Gift	7 77	Borehole Other, Speci	ifv	3 4	Boiled Steamed	8 77	Processed Other, specify	3	Friend Work	77	Other, specify
Code D	3	Tablesp	oon	6	Pinch	9	Serving spo		13	Glass	21	Slice	25		77	Other,
1 Small cup	4	Grams		7	Ml	10	Piece		16	Bundle	23	Cobs	26	Handful		specify
2 Teaspoon	5	Liter		8	Pint (500ml)	12	Cup		17	Kg	24	Plates	40	Stick		

#### **MODULE 22: INDIVIDUAL PART**

#### Respondent MEMID \_\_\_\_\_

Name: \_\_\_\_\_

#### **MODULE 22/1- FIRST INDIVIDUAL QUESTIONNAIRE (1)**

This section will be answered by one chosen individual of the household, e.g. individual which is mentioned in the information sheet.

This module will be asked at two different days. Additionally, we would like to measure the respondent (weight, height, hip and waist). Please tell the respondent the date of the second visit.

Please make sure that the same person on both days is answering the questionnaire.

# **PART 3: INDIVIDUAL 1 - ANTHROPOMETRIC**

In this section we would like to take the height and weight of you. We will do this twice by two different enumerators to make sure to get the right weight and height.

1	2	2a	3	3a	4	5
Type of clothe (light=0, heavy=1)	Weight (kg)	I	Height (cm)	L	Waist	Нір
	Data	Data	Data	Data	cm	cm

#### PART 1 First Individual Dietary Recall for YESTERDAY (1) (24hr DR) → Record Day\_ Respondent MEMID: \_\_\_\_\_

Now we would like to know, which food and drinks and how much of it did you alone (<u>not</u> your household) consume yesterday. Please indicate food item, preparation and sourc. Write down all the foods, **drinks** and **fruits** mentioned. When mixed dishes are mentioned, ask for the list of ingredients. When the respondents has finished, probe for the meals and snacks not mentioned.

1 Which d	lay of the wee	k does th	is record represent	t? <b>A</b>					
	typical day?				·	13. If NO	O, please specify:		
3	4	5	6	7	8	9	10	11	12
Main Dish	Quantity	Unit- D	How was the <b>dish</b> prepared- <b>C</b>	Ingredients	Quantity	Unit- D	Source of Ingredients <b>B</b>	No of People ate from the Main Dish	Where was the foo consumed? - E
Breakfast					1		1	T	
<u>()</u> 1									
Snack									
Lunch									
Snack	I								
Dinner	1	T					1	Т	
<b>G</b> 1									
Snack					1				

				Co	de B	4	Rain Water	Cod	le C	5	Cooked	Cod	le E	5	Market
Co	de A	4	Thursday	1	Own production	5	Spring Water	1	Raw	6	Fried	1	Home	6	School
1	Monday	5	Friday	2	Purchased	6	Well	2	Dried	7	Roasted	2	Hotel	7	Ceremony
2	Tuesday	6	Saturday	3	Gift	7	Borehole	3	Boiled	8	Processed	3	Friend	77	Other,
3	Wednesday	7	Sunday			77	Other, Specify	4	Steamed	77	Other, specify	4	Work		specify
Co	de D	3	Tablespoon	6	Pinch	9	Serving spoon	13	Glass	21	Slice	25	Bowl	77	Other,
1	Small cup	4	Grams	7	Ml	10	Piece	16	Bundle	23	Cobs	26	Handful		specify
2	Teaspoon	5	Liter	8	Pint (500ml)	12	Cup	17	Kg	24	Plates	40	Stick		

#### Second visit (Day 2) PART 2: First Individual: Dietary Recall for YESTERDAY (2) (24hr DR) Record Day\_\_\_\_\_ Respondent MEMID: \_\_\_\_\_

Now we would like to know, which food and drinks and how much of it did you alone (<u>not</u> your household) consume yesterday. Please indicate food item, preparation and sourc. Write down all the foods, **drinks** and **fruits** mentioned. When mixed dishes are mentioned, ask for the list of ingredients. When the respondents has finished, probe for the meals and snacks not mentioned.

1 Which da	y of the week o	loes this i	record represe	nt? A							
	pical day? YE					13. If NO, J	blease s	pecify:			
3	4	5	6		7	8	9	10	11	12	
Main Dish	Quantity	Unit -D	How was th <b>dish</b> prepar	ie ed-C	Ingredients	Quantity	Unit -D		No of People ate from the Main Dish	Where was the food consumed? - E	
Breakfast		1	1				1			-	
Snack	·		1		1	-					
Lunch					1		1	1	1	1	
Snack											
Dinner	-							·	·	·	
							1				
Snack		I			I		<u> </u>	1	1	1	
							1				
l	1	1	1		1		1	1	1	1	

				Co	de B	4	Rain Water	Cod	e C	5	Cooked	Cod	e E	5	Market
Co	de A	4	Thursday	1	Own production	5	Spring Water	1	Raw	6	Fried	1	Home	6	School
1	Monday	5	Friday	2	Purchased	6	Well	2	Dried	7	Roasted	2	Hotel	7	Ceremony
2	Tuesday	6	Saturday	3	Gift	7	Borehole	3	Boiled	8	Processed	3	Friend	77	Other,
3	Wednesday	7	Sunday			77	Other, Specify	4	Steamed	77	Other, specify	4	Work		specify
Co	de D	3	Tablespoon	6	Pinch	9	Serving spoon	13	Glass	21	Slice	25	Bowl	77	Other,
1	Small cup	4	Grams	7	Ml	10	Piece	16	Bundle	23	Cobs	26	Handful		specify
2	Teaspoon	5	Liter	8	Pint (500ml)	12	Cup	17	Kg	24	Plates	40	Stick		

Code A																				
1	very good	2	Good		3	not good/n	ot poo	or	4	a 1	ittle po	oor		5	very p	oor			88	DNK
Code I	3																			
1	Asthma	3	Cardiovascular di	sease	4	Diabetes			5	Hy	perter	nsion		77	Other,	spe	ecify_		_	
88	DNK	99	None																	
Code (	2																			
1	Bad teeth (ache)	5	Eye problems	9	He	adache		13	]	Mala	ıria		17	Sto	mach a	che	e	21	Vomi	ting
2	Cholera	6	Fainting	10	He	patitis		14	]	Meas	sles		18	Tet	anus			22	Weak	ness
3	Diarrhea	7	Fever	11	Hi	gh cholestero	ol	15	1	Pneu	monia	ı	19	Tire	edness/	Fat	igue	77	Other	
4	Ear/throat problem	0	Flu/Cold	12	Int	actinal warm		16		Claim	Proble		20	Tul	perculo		U	99	specit None	У
4 Code I	1	8	Flu/Cold	12	IIII	estinal worm	IS	10	,	SKIII	PIODIC	em	20	Tut	berculo	515		99	None	
1	Fatigue, tiredness	3	Weak immune sy	stom	5	Reduction	in int	alligan	00	7	Sor	eness of	the mot	h	77	,	Other	maaifu		
	•							emgen	Le			isual qua				77 Other, speci				
2	Low concentration	4	Shortage of blood		6	Small statu	ire			8	loss		unity of	man	88	3	DNK			
Code I	2					•														
1	Green leafy vegetables	3	Soybean/chick pe lentils	as/	5	Fish			7	Li	ver			77	Other, specify					
2	Peas	4	Meat		6	orange/red OFSP, tom			iits &	veg	etables	s (eg.,		88	DNK					
Code I	7																		_	
1	leading to eye blindness	2	Night blindness		3	Measles			4	Diarrhea				5	Worms	5				
77	Other, specify_	88	DNK			•													_	
Code (	3																			
1	Green leafy vegetables	3	Milk & milk prod	ucts	5	Eggs			77	Ot	Other, specify_									
2	Orange vegetables & fruits	4	Palm Oil		6	Offal's			88	Dì	NK									
Code I	I					•							•							
1	Iodine	3	Vitamin A		5	Zinc			77	Ot	her sp	ecify		99	None				7	
2	Iron	4	Vitamin C						88	Dì	NK									
Code J																				
1	Beans	3	Cheese		5	Dairy prod	ucts		7	Fis	sh	9		Sardi	nes	es 77		Other	, speci	ŷ
2	Beef	4	Chicken		6	Eggs			8	M	ilk	1	0	Yogh	urt		88	DNK		
Code H	ζ-																			
1	Chapatti	3	Cassava		5	Crips			7	Pla	antain			9	Ugali				88	DNK
2	Bread	4	Yam		6	Potato			8	Ri	ce			77	Other,	spe	ecify			
Code I	4																		_	
1	Butter	3	Lard		5	Oil			77	Ot	her, sp	pecify								
2	Groundnuts	4	Kimbo		6	Palm Oil			88	Dì	NK									
Code N	Л																		_	
1	Radio	4	Doctor		7	Health cen	tre		10	Sc	hool			77	Other 3	Spe	ecify			
2	TV	5	Nutrition educat (specify)	ion	8	Internet			11	Community health			th	88	DNK					
3	NGO (specify:)	6	Newspaper		9	Friends/Re	lative	s	12										_	
Code N																				
1	Hypertension	3	Diabetes	5	High	cholesterol														
2	Cardiovascular	4	Cancer	77	Other	s, specify														
	diseases	+	Cancer	, ,	ould	s, specify														
Code (		_			~ (		_	-	<u> </u>			~		_		~		1		
1	Respondent	3	House help	5	Sister		7	Daug	ghter		9			ent + Spouse 77			Other sp	ecify:		
2	Spouse	4	Brother	6	Gran	dparents	8	Son			10	Whole	family			- 99	9 1	N/A		

## PART 2 First Individual: INDIVIDUAL KNOWLEDGE QUESTIONS - <u>second visit (Day 2)</u> Respondent MEMID: \_\_\_\_\_

1	During the last 4 weeks how would you rate your health? A								
2	Do you suffer from any of the following diseases	[Read out Code	e B]						
3	Have you suffered from any diseases or symptoms during the last 30 Allow up to four answers C	days?			a	b		с	d
4	Can you name anything that helps prevent you and other family mem         If No, skip to question 5         If yes, let respondent specify and tick the ones that apply underneath answer possible         a       Washing hands       c         Exclusive breast for         b       Use latrine/ bury faces       d	– do not read out th	e list, pro			•	ses – n er spec		n one
5	Which diseases or problems are caused by deficiency in iron?(allow a	up to3 answers- <b>Do</b>	not prom	pt) D		a		b	с
6	Do you know which foods have ample amounts of iron? (allow up to.	3 answers – <b>Do not</b>	prompt)	Е		a		b	c
7	Which diseases or problems are caused by deficiency in vitamin A? (	allow up to3 answer	rs – Do n	ot prom	pt) F	a		b	c
8	Do you know which foods have ample amounts of vitamin A? (allow	$up \ to 3 \ answers - D$	o not pro	ompt) G	r	a		b	с
10	Did [NAME] receive any nutritious supplements in the last year (Oct Multiple answer possible, allow up to 3 answers <b>H</b>	15 – Sept 16)?				a		b	с
11	Who do you think is the most informed person within your household information?				ENTER MEMID			4	
12	Who do you think is the most informed person within your household information?	l concerning agricul	tural		ENTER MEMID				
13	Have you heard of the following macronutrients: No=0, $Yes=1$ ; If no, please go to question 24	a Protein		b Car	bohydrat	es		c Fat	
14			-1	а	t	)		с	
14	If yes, to question 20, please name which food items can supply those macronutrients:	Protein	J						
15	(allow up to three answers)	Carbohydrates	K						
16	Fat L								
19	diets? No=0, Yes=1 (If NO, skip to next M23)								
20	If yes, where did you find, see or get this information on healthy eating	ng/diet?	Μ						
21	Are you aware of any health problems or diseases that are associated	with excess weight?	Yes = 1	No = 0	Don't kn	ow =	- 88		
22	Which diseases do you think are associated with excess weight? (Allo according to likelihood)	w up to three respo	nses. Rar N	ık	1		2		3

## Modul 23/1: Decision making

		Code O	Fill in MEMID
1	Who decides how the household finances should be allocated?		
2	Who manages the household finances and implements the decision?		
3	Who makes the decision which food is purchased in the household?		
4	If not the respondent, please ask if the respondent would prefer other food to be purchased. YES=1, NO=0		
5	Who makes the decision where food is purchased in the household?		
6	If not the respondent, please ask if the respondent would prefer that the food would be purchased somewhere else? YES=1, NO=0		
7	Who decides which and how much food is consumed from your own produce?		
8	Who is responsible to purchases food on a daily basis?		
9	Who makes the decision which food is prepared in the household?		
10	Who is responsible for daily food preparation in the household?		
11	Who makes decisions on expenditure on cheap household assets?		
12	Who males decisions on expenditure on expensive household assets?		
13	Who makes decisions on medical expenditures?		
14	Who makes decisions on education?		
15	Who decides to participate in agricultural training sessions?		

## Module 22: Individual Part

Respondent MEMID \_\_\_\_\_

Name: \_\_\_\_\_

#### MODULE 22/2- SECOND INDIVIDUAL QUESTIONNAIRE (2)

This section will be answered by one chosen individual of the household, e.g the second individual on the information sheet given.

This module will be asked at two different days. At the first visit one 24-hour dietary recall will be asked. On the second visit a second 24 hour dietary recall and nutrition/health knowledge questions will be asked. Additionally, we would like to measure the respondent (weight, height, hip and waist). Please make an appointment with the respondent to come back after at least two days. Please make sure that the same person on both days is answering the questionnaire.

PART 3: INDIVIDUAL 2 ANTHROPOMETRIC													
In this section we different enumera			•	••••		this twice by two							
1	2	2a	3	3a	4	5							
Type of clothe (light=0, heavy=1)	Weight (k	g)	Height (cr	n)	Waist	Hip							
DataDataDatacmcm													

# PART 1 Second Individual: Dietary Recall for YESTERDAY (1) (24hr DR) → Record Day Respondent MEMID:\_\_\_\_\_

Now we would like to know, which food and drinks and how much of it did you alone (<u>not</u> your household) consume yesterday. Please indicate food item, preparation and sourc. Write down all the foods, **drinks** and **fruits** mentioned. When mixed dishes are mentioned, ask for the list of ingredients. When the respondents has finished, probe for the meals and snacks not mentioned.

1 Which d	ay of	the weel	k does	s this	record represent?	A											
2 Is this a	typica	l day? Y	ES =	1, NC	D=0			13.	If NO,	please sp	becify	:					
3	4		5		6	7		8	,	9	10		11			12	
Main Dish		antity	Uni -D	it	How was the <b>dish</b> prepared- <b>C</b>		gredients		antity	Unit -D	Sou	rce of redients <b>B</b>	Nb		ople m Main	Where	e was the food med? - E
Breakfast	1					1		1			1		1				
			-														
Snack																	
SHACK	Г —		T										1	_			
			-														
						_											
Tanatal																	
Lunch													1				
			-			_											
						_											
						_											
Snack																	
																L	
Dinner								1									
																L	
Snack													1				
~			1														
			1														
Code	4	T' '				4	Rain Water				5	Cooked		Cod		5	Market
Code A 1 Monday	4 5	Thursd Friday	ay		Own production Purchased	5 6	Spring Wat Well	el	1 2	Raw Dried	6 7	Fried Roasted		1 2	Home Hotel	6 7	School Ceremony
2 Tuesday	6	Saturda	iy		Gift	7	Borehole		3	Boiled	8	Processed		3	Friend	, 77	Other,
3 Wednesday		Sunday				77	Other, Spec	cify	4	Steamed	77	Other, spe	cify	4	Work		specify
Code D	3	Tables	poon		Pinch	9	Serving spo	oon		Glass	21	Slice		25	Bowl	77	Other,
<ol> <li>Small cup</li> <li>Teaspoon</li> </ol>	4	Grams Liter			Ml Bint (500ml)	10	Piece		16	Bundle	23	Cobs		26	Handful Stick		specify
∠ reaspoon		Liter		8	Pint (500ml)	12	Cup		17	Kg	24	Plates		40	SUCK		

## Second visit (Day 2) PART 2Second Individual: Dietary Recall for YESTERDAY (2) (24hr DR) Record Day\_\_\_\_\_ Respondent MEMID:\_\_\_

Now we would like to know, which food and drinks and how much of it did you alone (<u>not</u> your household) consume yesterday. Please indicate food item, preparation and sourc. Write down all the foods, **drinks** and **fruits** mentioned. When mixed dishes are mentioned, ask for the list of ingredients. When the respondents has finished, probe for the meals and snacks not mentioned.

1 Which d	ay of t	he weel	k does	this	record represent?	4										
2 Is this a	typica	l day? Y	ZES =1	1, N	O=0		13. If NO, please specify:									
3	4		5		6	7		8		9	10		11		12	
Main Dish	Qua	ntity	Unit -D	t	How was the <b>dish</b> prepared- <b>C</b>	In	gredients	Qua	ntity	Unit -D		ce of	Nb of F eaten fr Main D	om		was the onsumed? -
Breakfast			- T							-						
Snack	1															
			<u> </u>			_										
Lunch	1		T	1								-				
						_										
Snack	1															
Dinner	1		T			-		-		1	-					
						_										
Snack			1			1										
				Co	ode B	4	Rain Wate		Code		5	Cooked	Cod	le E	5	Market
Code A	4	Thurso	-	1	Own production	5	Spring Wa	ter	1	Raw	6	Fried	1	Home	6	School
1 Monday 2 Tuesday	5	Friday		2 3	Purchased Gift	6 7	Well Borehole		2	Dried Boiled	7 8	Roasted Processed	2	Hotel Friend	7 77	Ceremony
<ol> <li>Tuesday</li> <li>Wednesday</li> </ol>	6 y 7	Saturd Sunda		3	UIII	7 77	Other, Spe	cifv	3 4	Steamed	8 77	Other, specify	3 7 4	Friend Work	11	Other, specify
Code D	3	Tables		6	Pinch	9	Serving sp			Glass	21	Slice	25	Bowl	77	Other,
1 Small cup	4	Grams		7	Ml	10	Piece		16	Bundle	23	Cobs	26	Handful		specify
2 Teaspoon	5	Liter		8	Pint (500ml)	12	Cup		17	Kg	24	Plates	40	Stick		

Code A	L																			
1	very good	2	Good		3	not good/n	ot po	or	4	a l	little po	or		5	very po	or			88	DNK
Code I	}												,							_
1	Asthma	3	Cardiovascular dis	sease	4	Diabetes			5	Hy	ypertens	sion		77 (	Other, s	pecify_	-		_	
88	DNK	99	None																	
Code C		1		1.								r						<u> </u>		
1	Bad teeth (ache)	5	Eye problems	9	-	adache	$ \rightarrow$	13		Mala			17	-	nach ac	he		21	Vomit	Ū.
2	Cholera	6	Fainting	10	He	patitis		14		Mea	sles		18	Teta	nus			22	Weakı	ness
3	Diarrhea	7	Fever	11	Hiş	gh cholester	ol	15	1	Pneu	imonia		19	Tire	dness/F	atigue		77	Other, specify	Y
4	Ear/throat problem	8	Flu/Cold	12	Inte	estinal worm	ns	16		Skin	Problem	m	20	Tub	erculosi	is		99	None	
Code I						r				r										
1	Fatigue, tiredness	3	Weak immune sys	tem	5	Reduction	in int	elligen	ce	7			the mot		77	Othe	er, sp	ecify_		
2	Low concentration	4	Shortage of blood		6	Small statu	ıre			8	Unus loss	sual qua	antity of	hair	88	DNI	K			
Code I																			-	
1	Green leafy vegetables	3	Soybean/chick pea lentils	as/	5	Fish			7	Li	ver			77	Other, s	pecify				
2	Peas	4	Meat		6	orange/red OFSP, torr			uits &	& vegetables (eg.,				88	DNK					
Code I	r		•																-	
1	leading to eye blindness	2	Night blindness		3	Measles			4	Diarrhea				5	Worms					
77	Other, specify_	88	DNK																-4	
Code (	j																			
1	Green leafy vegetables	3	Milk & milk produ	ucts	5	Eggs			77	Other, specify_										
2	Orange vegetables & fruits	4	Palm Oil		6	Offal's			88	DI	NK									
Code I																				
1	Iodine	3	Vitamin A		5	Zinc			77	Ot	ther spe	cify		99 ]	None				1	
2	Iron	4	Vitamin C						88	DI	NK								4	
Code J																				
1	Beans	3	Cheese		5	Dairy prod	lucts		7	Fi	sh	9		Sardir	ies	77		Other	specif	у
2	Beef	4	Chicken		6	Eggs			8	Μ	ilk	1	0	Yoghı	ırt	88		DNK		
Code I	Χ-																			
1	Chapatti	3	Cassava		5	Crips			7	Pl	antain			9	Ugali				88	DNK
2	Bread	4	Yam		6	Potato			8	Ri	ice			77 (	Other, s	pecify				
Code I																				
1	Butter	3	Lard		5	Oil			77	-	ther, spe	ecify								
2	Groundnuts	4	Kimbo		6	Palm Oil			88	DI	NK									
Code N			1			n				1			,						-	
1	Radio	4	Doctor		7	Health cen	tre		10		chool			77 (	Other S	pecify				
2	TV	5	Nutrition education (specify)	on	8	Internet			11	Community health			th	88 1	DNK					
3	NGO (specify:)	6	Newspaper		9	Friends/Re	elative	es	12										-	
Code N		•	1						i											
1	Hypertension	3	Diabetes	5	High	cholesterol														
2	Cardiovascular diseases	4		77	-	s, specify														
Code (			·																	
1	Respondent	3	House help	5	Sister		7	Daug	ghter		9	Respin	ndent + S	Spouse		77	Ot	her sp	ecify:	
2	Spouse	4	Brother	6		dparents	8	Son					family			99	N/.	-	,	
							•	•												

## PART 2 Second Individual: INDIVIDUAL KNOWLEDGE QUESTIONS - <u>second visit (Day 2)</u> Respondent MEMID: \_\_\_\_\_

1	During the last 4 weeks how would you rate your health? A								
2	Do you suffer from any of the following diseases	[Read out Cod	e B]						
3	Have you suffered from any diseases or symptoms during the last 30 Allow up to four answers C	days?			a	b		с	d
4	Can you name anything that helps prevent you and other family men         If No, skip to question 5         If yes, let respondent specify and tick the ones that apply underneath         answer possible         a       Washing hands       c       Exclusive breast f         b       Use latrine/ bury faces       d       Protect food & was	- do not read out th	e list, pr				ses – 1 ler spe		n one
5	Which diseases or problems are caused by deficiency in iron?(allow	up to3 answers- Do	not pron	ıpt) D		a		b	с
6	Do you know which foods have ample amounts of iron? (allow up to	o3 answers – <b>Do not</b>	prompt)	Е		a		b	с
7	Which diseases or problems are caused by deficiency in vitamin A?	(allow up to3 answe	rs – <b>Do r</b>	ot pron	ipt) F	a		b	с
8	Do you know which foods have ample amounts of vitamin A? (allow	v up to3 answers – <b>L</b>	o not pr	ompt) G	r	a		b	с
10	Did [NAME] receive any nutritious supplements in the last year (OcMultiple answer possible, allow up to 3 answersH	t 15 – Sept 16)?				a		b	c
11	Who do you think is the most informed person within your househol information?	d concerning nutritio	on		ENTER MEMID				L. L.
12	Who do you think is the most informed person within your househol information?	d concerning agricul	tural		ENTER MEMID				
13	Have you heard of the following macronutrients: <i>No=0, Yes=1; If no, please go to question 24</i>	a Protein		b Car	bohydra	tes		c Fat	
14			1	а		b		c	
17	If yes, to question 20, please name which food items can supply those macronutrients:	Protein	J						
15	(allow up to three answers)	Carbohydrates	K						
16		Fat	L						
19	During the last year (Oct. 2015 - Sept 2016), have you noticed or rec diets? <i>No=0</i> , <i>Yes=1</i> ( <i>If NO</i> , <i>skip to next M23</i> )		aining at	out hea	Ithy eatin	ng or l	health	У	
20	If yes, where did you find, see or get this information on healthy eati	-	Μ						
21	Are you aware of any health problems or diseases that are associated	with excess weight	? Yes = 1	No = 0	Don't k	now =	- 88		
22	Which diseases do you think are associated with excess weight? (All according to likelihood)	ow up to three respo	nses. Ra N	nk	1		2		3

## Modul 23/1: Decision making

		Code O	Fill in MEMID
1	Who decides how the household finances should be allocated?		
2	Who manages the household finances and implements the decision?		
3	Who makes the decision which food is purchased in the household?		
4	If not the respondent, please ask if the respondent would prefer other food to be purchased. $YES=1$ , $NO=0$		
5	Who makes the decision where food is purchased in the household?		
6	If not the respondent, please ask if the respondent would prefer that the food would be purchased somewhere else? $YES=1$ , $NO=0$		
7	Who decides which and how much food is consumed from your own produce?		
8	Who is responsible to purchases food on a daily basis?		
9	Who makes the decision which food is prepared in the household?		
10	Who is responsible for daily food preparation in the household?		
11	Who makes decisions on expenditure on cheapl household assets?		
12	Who males decision on expenditure on expensive household assets?		
13	Who makes decisions on medical expenditures?		
14	Who makes decisions on education?		
15	Who decides to participate in agricultural training sessions?		